

The Family and Community Resource Room

The Family and Community Resource Room has been developed as an outreach program for The Autism Program---Central Illinois Regional Training and Service Center located at 689 Castle Drive in Charleston, IL. The room contains a variety of books, journal articles, tip sheets, DVD's, games, toys, computer software programs, learning aids, visual communication aids, and other materials. The purpose of these materials is to help families and service providers understand Autism Spectrum Disorder (ASD) and to address the social and cognitive needs of individuals diagnosed with ASD.

The entries on the following pages list the items from our Resource Room that are available for checkout. They consist mostly of books, audio-visual media, and software, as well as some games and activity sets.

Not listed in this catalog are the many free items from the Resource Room that you can take and keep, such as the visual communication aids and tip sheets.



General & Miscellaneous Topics

- Book **41 Things to Know about Autism.** Chantal Sicile-Kira (2010). In question-and answer form, this book discusses common worries, tackles controversial treatments, celebrates successes and ends on a hopeful note for the future. Some of the questions include: What are the causes of autism? Why do children and teens with autism act the way they do? How can I recognize the symptoms of autism? **B307**
- Book **ADHD: A Complete and Authoritative Guide.** Michael Reiff, M.D. with Sherill Tippins (2004). A definitive guide for every family affected by ADHD, this book will answer many questions and help guide you and your child through the many challenges of this often misunderstood disorder. **B221**
- Book **Autism, Advocates, and Law Enforcement Professionals: Recognizing and Reducing Risk Situations for People with Autism Spectrum Disorders.** Dennis Debbaudt (2002). In this book, private investigator and autism advocate Dennis Debbuadt provides information about typical manifestations of autism such as running away, unsteadiness, impulsive behavior, or failure to respond, which may be misunderstood by law enforcement professionals. **B113**
- Book **Autism and Your Church: Nurturing the Spiritual Growth of People with Autism Spectrum Disorders.** Barbara Newman (1984). A wonderful resource that will empower churches to enfold individuals with ASD and their families into the life of the church. Basic information about the diagnosis helps demystify the responses of these individuals, and practical tools provide a means to celebrate their gifts and meet their unique needs. **B205**
- Book **The Autism Sourcebook: Everything You Need to Know About Diagnosis, Treatment, Coping, and Healing.** Karen Siff Exkorn (2005). This book provides accessible medical information gleaned from the world's foremost experts as well as an inside look at families with children who have autism. With extensive appendices, including the Modified Checklist for Autism in Toddlers, Diagnostic Criteria for the Five Pervasive Developmental Disorders, and carefully selected lists of internet resources, recommended readings, and top autism organizations worldwide, *The Autism Sourcebook* is the single most comprehensive, practical resource available to parents and loved ones of children with autism. **B187**
- Book **Autism Spectrum Disorders: The Complete Guide to Understanding Autism, Asperger's Syndrome, Pervasive Developmental Disorder, and Other ASD's.** Chantal Sicile-Kira (2004). Based on nearly two decades of the author's personal and professional experiences with individuals and families, this book explains all aspects of autism, including causes, the different categories, treatments, coping and teaching strategies, and much more. **B301**
- DVD Video and VHS **Autism: The Musical.** Produced by Docudramafilms (2007). This inspiring documentary follows five children with autism, their parents, and extraordinary acting coach Elaine Hall as they improbably and heroically mount a full-length original stage production. (2 copies) **DVD62, VHS101**

- Book **The Best of Autism/Asperger's Digest Magazine: Volume 1.** Edited by Veronica Zysk (2005). What sets the *Digest* apart from other publications geared to the autism community is the practical, actionable flavor that infuses each article and every column. Readers comment regularly on the positive, uplifting approach the magazine takes to ASD and the valuable information each issue contains. **B122**
- DVD Video **Childhood Epilepsy: What You Need to Know.** Produced by The Epilepsy Foundation of Greater Los Angeles (date unknown). This DVD provides an overview of childhood epilepsy, including different types of seizures, diagnostic procedures, treatment options, doctors, the importance of advocacy, the impact of epilepsy on development and learning, safety, epilepsy in the family and community, stigma, services provided by the Epilepsy Foundation and government agencies, and the benefits of encouraging your child's unique interests and talents. **DVD56**
- Book **Counseling People on the Autism Spectrum: A Practical Manual.** Katherine Paxton and Irene Estay (2007). The characteristics ASD present unique challenges, not only to people themselves affected, but also to counseling professionals. This manual provides counseling techniques that work not only for professionals, but also for individuals either coping with being on the spectrum themselves, or living with someone who has an ASD. **B244**
- VHS and Booklet Set **Dreams Made Real: Into the Mainstream.** Produced by The Oberkötter Foundation (2004). This set of informational materials deals with hearing impairment in children. It is targeted toward parents and focuses on answering commonly asked questions, providing a list of resources, and presenting case studies of actual young children as they develop and enter the education system. **VHS102**
- Book **Homespun Remedies: Strategies in the Home and Community for Children with Autism Spectrum and Other Disorders.** Dion Betts (2006). Provides creative and practical strategies for helping children with autism spectrum disorders to function effectively at home and in the community. Split into four parts, this book covers home life, community, hygiene, and schools and organizations. **B148**
- DVD Video **Living Along the Autism Spectrum: What does it Mean to have Autism or Asperger Syndrome?** Produced by Backyard Productions, Inc. (2009). Set up in an interview style, this DVD helps parents new to an autism diagnoses understand how that diagnosis might affect their family and how to achieve a positive attitude toward their son or daughter. The topics range from family coping to employment. **DVD93**
- DVD and Binder Set **Speaking Volumes: Effective Intervention for Children Who are Deaf and Hard of Hearing.** Produced by The Oberkötter Foundation (2002). This set of informational materials addresses multiple topics: diagnosing pediatric hearing loss, educating hearing impaired students, and various intervention strategies and tools. **DVD74**

- Book **Ten Things Every Child With Autism Wishes You Knew.** Ellen Notbohm (2005). Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book. It defines the top ten characteristics that illuminate the minds and hearts of children with autism. (2 copies) **B286, B292**
- Book **Understanding Autism for Dummies.** Stephen Shore, Linda Rastelli (2006). This reassuring guide explains the symptoms of autism, how it's diagnosed, and the current options for treatment. You'll get helpful information on the latest in genetic and biomedical research, as well as coverage of special-needs financial planning, legal rights for education, and handling issues unique to adults with autism. **B303**
- DVD Video **Victims with Disabilities: The Forensic Interview.** Produced by The Office for Victims of Crime (date unknown). Intended for law enforcement and protective services professionals, this DVD presents techniques for interviewing crime victims with communication and/or cognitive disabilities. **DVD80**
- DVD Set **Visual Strategies Workshop: Working with Autism and Related Communication and Behavior Challenges.** Linda Hodgdon (2003). A five-DVD set of a live presentation of Hodgdon's popular and innovative workshop. It provides professionals and parents with concrete methods to improve communication, reduce behavior problems, and increase social interaction for children with ASD or other moderate-to-severe communication and behavior challenges. This program is based on the international bestselling book *Visual Strategies for Improving Communication*. **DVD48**

Asperger's Syndrome

- DVD Video **Asperger Syndrome: A Different Mind.** Produced by Cambridge University (2006). This DVD presents viewers with the opportunity to both see and hear about the nature of Asperger Syndrome from individuals who have it, as well as from doctors, school teachers, and family members. With video footage from a range of contexts, it provides insight into the lives of six individuals of various ages. It introduces the viewer to the special interests, speech and language characteristics, social interaction difficulties and cognitive differences of people with AS. **DVD72**
- Book **Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage, and Meltdowns, 2nd Edition.** Brenda Smith Myles, Jack Southwick (2005). This book offers tried-and-true solutions to minimize and circumvent the often frightening circumstances that surround the rage cycle, both for the child with AS and others in the environment. This second edition almost doubles the section on interventions. The reader also learns the stages of the rage cycle and the importance of utilizing the teachable moments before and after a rage episode. **B296**

- DVD Video **Asperger Syndrome for Dad: Becoming an Even Better Father to Your Child with Asperger Syndrome.** Produced by Coulter Video (2004). Ten secrets to help you get closer to your child with Asperger Syndrome, help him or her succeed in life, and have fun along the way. The video offers practical actions you can take to help you understand problem behaviors, encourage strengths, and help your child prepare for adulthood. **DVD25**
- Book **Asperger's and Girls.** Tony Attwood and Temple Grandin, plus 7 more experts (2006). Provides up-to-date information about girls and women with Asperger's Syndrome. Covering topics such as diagnoses, education, puberty, relationships, and careers, experts in the field share practical advice for both caregivers and the women and girls who are affected by Asperger's. Other chapters are written by women who have been diagnosed with ASD. They candidly reveal their experiences and compassionately advise others. This book about autism recognizes the unique problems of girls on the spectrum, instead of taking the "one size fits all" approach. **B217**
- Book **Asperger's Syndrome: A Guide for Parents and Professionals.** Dr. Tony Attwood (2002). Dr. Attwood is a clinical psychologist who has specialized in autism for over 20 years. As a practicing clinician with special interest in early diagnosis, severe challenging behavior and Asperger's Syndrome, his experience covers the full range of the spectrum, from the profoundly disabled to the most highly functioning. Attwood's presentation is on Asperger's Syndrome—diagnosis and support. He covers the theory of mind of those with this challenge, and as he does, his ideas broaden our perception and understanding. **B130**
- DVD Video **Asperger's Syndrome, Volume 2: Anger Management, Teaching Teachers, and Teenage Issues.** Dr. Tony Attwood (2003). In the second DVD of this series, Dr. Attwood offers concrete counsel in three important interrelated areas: anger management, teaching teachers about Asperger's Syndrome, and teenage issues. **DVD36**
- Book **The Everything Parent's Guide to Children with Asperger's Syndrome, 2nd Edition.** William Stillman (2010). This uncomplicated book introduces the reader to Asperger's by addressing the following: getting a diagnosis and understanding the results, identifying triggers that can lead to sensory overload, recognizing symptoms of meltdowns and working to prevent them, educating family and friends, and discovering support groups for yourself and your child. **B308**
- DVD and Booklet Set **Dr. Tony Attwood Presents: Asperger's Diagnostic Assessment** (2004). Dr. Tony Attwood conducts unrehearsed interviews with Brett, a young boy with Asperger's. Attwood then interviews Brett's parents, giving the viewer an in-depth perspective of the entire assessment process. Tony takes viewers through the diagnosis, explaining and pointing out the various manifestations of Asperger's, such as sensory issues, speech/motor difficulties, special interests, and social skills challenges. He also addresses the special gender-specific and age-specific challenges that girls and adults face. The DVD and booklet also offer screening questionnaires and a guide of valuable resources. **DVD34**

- DVD Movie **Mozart & The Whale.** Directed by Petter Naess (2006). Josh Harnett and Radha Mitchell star as Donald and Isabelle in this heartwarming romance about two people with Asperger's Syndrome. Donald, a good-natured but hapless cab driver with a knack for numbers, falls head over heels for the beautiful but complex Isabelle when she joins the autism support group he leads. Their first date sets the tone for a budding romance that helps them establish their niche in a fascinating and quirky universe. Inspired by true events, this tender story proves that love—in all its irrationality—does conquer all. **DVD57**
- Book **The Oasis Guide to Asperger Syndrome: Advice, Support, Insight, and Inspiration, Revised Edition.** Patricia Romanowski Bashe, Barbara Kirby (2005). This updated edition of the definitive resource explains what is currently known about the nature of Asperger Syndrome from the viewpoint of doctors and families. It provides instructions for parents on how to gain access to information, support and treatment for their child, covering the most up-to-date options available as well as advice on new medications and special education. It also looks at aspects of the "whole child," offering suggestions for parents on helping children manage their social and emotional worlds, life at school, and general growing-up issues. **B287**
- Book **Parenting a Child with Asperger Syndrome: 200 Tips and Strategies.** Brenda Boyd (2003). This mother of a child with Asperger's has spent five years gathering together the parenting ideas and tips that have had a positive effect on her son's life. This book helps parents to respond positively to the challenges of AS and find the "treasure" in their child's way of being. **B309**

Fragile X Syndrome

- DVD Video **Faces of Fragile X: An Introduction.** Produced by the National Fragile X Foundation (2007). This 17-minute video showcases nearly 20 children and teenagers from 11 months to 20 years, who are affected by Fragile X. The clips were filmed during clinical evaluations, at home, and during therapy. Narration covers basic physical, developmental, cognitive and behavioral characteristics. This information would be helpful as an introduction for teachers, therapists, and others who work with children affected by Fragile X. **DVD43**
- DVD Video **Females and Fragile X Syndrome.** Marcia Braden, Ph.D. (date unknown). This DVD contains clips of females from preschool through adulthood. The genetic basis of Fragile X females and inheritance is described along with interviews and scenes depicting girls and women in school, at play and at work. Throughout, a voice-over narration provides key points regarding the needs of females as well as the most appropriate interventions. **DVD42**

DVD and
Binder Set

Smoothing the Transition to Successful Adulthood. Produced by the National Fragile X Foundation (date unknown). This set of materials addresses issues affecting young adults with Fragile X syndrome. Young adulthood can be a challenging time, particularly for people with fragile X syndrome. These multimedia resources are a good starting place for parents and professionals to learn about the issues that children with FXS face as they move away from the school environment and become more independent in their lives. **DVD45**

Parenting Children with ASD

- Book **The Autism Trail Guide: Postcards from the Road Less Traveled.** Ellen Notbohm (2007). A cohesive compilation of her best articles, *The Autism Trail Guide: Postcards from the Road Less Traveled* will help parents of children with autism take on everyday challenges while celebrating what their children bring to their world. Notbohm offers advice on concrete issues such as math homework, video games, and tricky behavior, and also tackles the more abstract concepts of parenting: trusting parental instincts, when to take risks, how to hang on, and when to let go. This book is absolutely invaluable to all who are “on the autism trail.” **B209**
- Book **Everyday Solutions: A Practical Guide for Families of Children with ASD.** Mindy Small and Lisa Kotente (2003). This comprehensive resource offers parents and other caregivers practical and effective approaches to solving the many puzzles of daily living for a child’s ASD – from dressing, toileting, and eating, to going to the playground, visiting the dentist, getting used to a new baby and more. **B121**
- Book **The First Year: Autism Spectrum Disorders: An Essential Guide for the Newly Diagnosed Child.** Nancy Wiseman (2009). Wiseman shows parents how to handle all aspects of a child's condition in its crucial early stages, how to address complex issues quickly, find the right treatments, and get answers. She walks parents through multiple diagnoses, including Asperger Syndrome, PDD-NOS, and autistic disorder. From navigating the healthcare, insurance, and educational systems to choosing therapies, Wiseman helps parents reach the best possible outcome for their family. **B305**
- Book **George & Sam: Two Boys, One Family, and Autism.** Charlotte Moore (2004). Moore, a British journalist, is the mother of George and Sam, two autistic boys. She is able to provide a perceptive look into the habits and, to a certain extent, the minds of her sons. Less memoir than road map, the book lays out every aspect of her children's lives, such as their inability to integrate at school, their eating and sleeping habits, their stims ("self-stimulation," the autistic behavior that can soothe or calm) and the structures of their day. **B241**

- Book **A Mind Apart: Understanding Children with Autism and Asperger Syndrome.** Peter Szatmari, M.D. (2004). Through moving stories of children he has worked with, Dr. Szatmari helps you see the world through your child's eyes. Revealed is what lies behind the intense preoccupations, communication problems, and seeming lack of affection that often accompany autism and AS, and what your child's mystifying behavior might really be trying to tell you. This compassionate book shows how gaining a better sense of your child's experience can deepen the bonds that support learning and growth—and help you lead the way toward a happier future. **B175**
- DVD Video **Parenting the Explosive Child.** Ross Greene, Ph.D. and J. Stuart Ablon, Ph.D. (2004). This two-hour program helps parents understand the specific cognitive skill deficits that can impair a child's capacities for flexibility and frustration tolerance. It also provides step-by-step guidance on the approach known as Collaborative Problem Solving (CPS). This video features live interviews with parents of behaviorally challenging children and provides answers to many of the common questions parents have about the CPS approach. **DVD35**
- Book **A Parent's Guide to Asperger Syndrome and High-Functioning Autism.** Sally Ozonoff, Geraldine Dawson, and James McPartland (2002). Three leading psychologists explain how to work with your child's paradoxical combination of talents and social difficulties to help them learn to engage more fully with the world. This book features everyday problem-solving ideas and examples to help your child learn to interact more comfortably with siblings and peers, understand the rules of appropriate behavior, and become an active participant in school and family life. **B140**
- Book **Siblings of Children with Autism: A Guide for Families.** Sandra Harris, Ph.D. (2004). An invaluable guide to understanding sibling relationships, how autism affects these relationships, and what families can do to support their other children as they cope with the intensive needs of a child with autism. **B159**
- Book **The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life.** With CD-ROM. John Nadworny and Cynthia Haddad (2007). Developed by two financial planning experts who also have family members with special needs, this one-of-a-kind book is an absolute must-have as parents and other caregivers plan for the lasting financial independence of their families. Transforming the financial planning presentations they've given to families across the country into a thorough, easy-to-read resource, the authors give parents a chronological guide for each stage of a child's life from birth to adulthood. Contributions from other experts in residential planning, government benefits, and legal issues are also included. (2 copies) **B111, B252**
- Book **Toilet Training for Individuals with Autism or Other Developmental Issues.** Maria Wheeler (2007). Individuals with autism are reportedly one of the most difficult populations to toilet train. This book offers effective strategies that take the child's physical and emotional sensitivities into account instead of trying to force traditional methods. Easy-to-read bulleted lists offer more than 200 do's and don'ts, along with over 50 real-life examples, to help make the process more of a lesson and less of a battle for all involved. **B128**

DVD Video **Understanding Brothers and Sisters on the Autism Spectrum.** Produced by Coulter Video (2007). This DVD contains four programs for siblings of children on the autism spectrum and their parents. Each program covers a range of autistic challenges and strengths, and describes techniques siblings can use to get along and support each other. Parents can show their children the programs that best suit their age and developmental levels, from age 4 years through adult. **DVD27**

Early Intervention

Book **Autism Spectrum Disorders in Infants and Toddlers: Diagnosis, Assessment, and Treatment.** Katarzyna Chawarska, Ami Klin, and Fred Volkmar (2008). Rich with clinical insights, this volume reviews the state of the science of identifying and treating ASD in very young children. Leading authorities examine critical research issues and present innovative approaches to assessing social, cognitive, adaptive, communication, and sensory–motor impairments in the first two years of life. **B280**

Book **Early Intervention Games.** Barbara Sher (2009). This book focuses on fun, joyful ways to develop social and motor skills in children with Autism Spectrum or Sensory Processing Disorders. The book provides a wide selection of fun and novel games to do at home or in the classroom, including a variety of games to play in water. **B295**

DVD Series **International Conference on Signs of Autism in Infants: Recognition and Early Intervention.** Published by Child Development Media, Inc. (2006). This international conference was held on May 20-22, 2006 at the University of California, Los Angeles and was hosted by Child Development Media, Inc. and the School of Infant Mental Health, London. Identifying the signs of autism before the age of one is a priority at the forefront of the scientific community. The goal of bringing together experts across key disciplines was to escalate the debate on early identification and to focus the convergence of attention on early intervention.

1. The Earliest Signs of Autism in Infants and Treatment: Where We Were and Where We Are. Presented by Henry Massie, M.D. **DVD06**
2. How Infants and their Brains Develop, and Early Signs of Autism Spectrum Disorders: Implications for Detection and Care. Presented by Colwyn Trevarthen, Ph.D. **DVD10**
3. Infants at Risk: Early Signs of Pre-Autism, Diagnosis, and Treatment. Presented by Hanna Alonim. **DVD11**
4. Early Indicators of Autism Spectrum Disorders in the First Year of Life. Presented by Sandra Maestro, M.D. and Filippo Muratori, M.D. **DVD07**
5. Changing Destinies: Finding the Conditions for Attunement in a 6-Month-Old Baby. Presented by Stella Acquarone, Ph.D. **DVD02**

6. Early Identification of ASD Using Social-Emotional Indicators. Presented by Jim Stieben. **DVD03**
7. Early Signs Relating to Posture and Communication: The Child's Attitude and the Mother's Reaction. Presented by Professor Laurent Danon-Boileau. **DVD05**
8. How Children and Parents Collaborate to Negotiate Meaning: Implications for the Language Development of Children with Autism. Presented by Marian Sigman, Ph.D. and Michael Siller, M.A. **DVD09**
9. Infant Development and Behavior in Autism: Insights from "Baby Sibs" Studies. Presented by Lonnie Zwaigenbaum, M.D. and Shelley Mitchell, MSC, SLP. **DVD08**
10. Echoes in the Nursery: Does Our Third Baby have Autism too? Presented by Barbara Kalmanson, Ph.D. **DVD04**
11. Panel Discussions: May 20-21, 2006. 2-DVD set. **DVD01**

Specific Intervention Strategies

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| Book | <p>Autism Spectrum Disorders: Interventions and Treatments for Children and Youth. Richard Simpson (2005). This essential resource was developed to respond directly to the difficulty school professionals and families face in selecting and applying appropriate interventions and treatments for the children in their care. The information is presented in a straightforward format, practical for finding answers to complex questions including: A description of the intervention or treatment, reported benefits and effects associated with its use, a synthesis of how the outcomes relate to individuals with ASD, and potential costs and risks. B152</p> |
| DVD Video/
Booklet set | <p>Autism Spectrum Disorders & the SCERTS Model. Dr. Barry Prizant (2005). On this single convenient DVD is a three-video series on the SCERTS Model. Professionals will learn how this groundbreaking synthesis of developmental, relationship-based, and skill-based approaches can support improved communication and social-emotional abilities for children with ASD. Interviews with experts offer valuable insight, and lively footage of parents and professionals working with children provides helpful illustration of the model's three components: social communication, emotional regulation, and transactional support. DVD12</p> |

DVD Video **Aut-erobics: Autism Movement Therapy.** Produced by Joanne Lara (2009). Combines structured movement with music connecting the left and right hemispheres of the brain for a whole brain cognitive re-mapping approach. This innovative and creative technique is the perfect solution for working with your child or student and assisting in the way that they interact with their peers, work in groups, and perform academically in the classroom. **DVD52**

DVD and CD Set **Bridges for Children with Autism.** Produced by Educational Models, Inc. (date unknown). Applied Behavior Analysis is a complete program, and *Bridges for Children with Autism* provides a view of ABA in its entirety as well as the tools to provide ABA. This 4 hour professionally produced production provides a wealth of information on ABA and shows trained teacher therapists working with children in discrete trial, classroom, and social settings. You will learn the techniques of three step compliance training, impulse control, and how to run a discrete trial. **DVD13**

DVD Video **Discrete Trial Training.** Produced by the Center for Autism Spectrum Disorders (2006). This video shows how to conduct discrete trial training step-by-step: (1) Presentation of a discriminative stimulus intended to evoke a response, (2) Response emitted by learner, (3) Response consequence delivered by teacher, and (4) Brief interval before next trial. Discrete trail training can be used to teach a variety of responses to children, including motor and verbal imitation, receptive and expressive language, and more. **DVD16**

Book **Engaging Autism: Using the Floortime Approach to Help Children Relate, Communicate, and Think.** Stanley Greenspan, M.D. and Serena Wieder, Ph.D. (2006). Greenspan's innovative approach has demonstrated that children with signs of autism or ASD do not have a fixed, limited potential. In many cases, they can join their peers to lead full, emotionally and intellectually healthy lives. Because the program can be applied at a very early stage to identify vulnerabilities that can lead to autism, the hope of preventing its full onset becomes a real possibility. Not only does the Floortime approach empower parents to promote their child's development throughout each day, but the comprehensive program also guides the efforts of speech pathologists, occupational therapists, and educators to work with the family as an effective team. **B103**

DVD Video **Exploring Feelings: Cognitive Behavior Therapy to Manage Anxiety, Sadness, and Anger.** Dr. Tony Attwood (2007). In this presentation, world-renowned psychologist Dr. Tony Attwood teaches caregivers how to implement "cognitive behavior therapy," which works from the inside out. With a logical understanding of emotional triggers and responses (in themselves and in others), people can learn to recognize and control their emotions. **DVD55**

DVD and Booklet Series **Floortime DVD Training Series:** Stanley Greenspan, M.D. and Serena Wieder, Ph.D. (2005). Comes with a corresponding booklet for each volume.

1. **The Basics: Relating and Communicating.** Greenspan and Wieder show you how to help your child master the basics of relating and communicating. Watch them work with parents and children, and learn how to put together a comprehensive treatment program tailored to your child's needs, and how to interact with your child to support his or her development, from shared

attention and engagement to interaction and more advanced communication. **DVD39, B282**

2. **Sensory Regulation and Social Interaction.** Greenspan and Wieder show you how to help your child overcome challenges of sensory regulation that are interfering with his or her ability to relate and communicate. Watch them work with parents and children, and learn how better regulation will help you child reach higher developmental levels, from shared attention and engagement to social interaction and pretend play. **DVD40, B283**
3. **Symbolic and Logical Thinking.** Greenspan and Wieder show you how to help you child master higher levels of communication. Watch them work with parents and children, and learn how to use pretend play to help you child create and connect ideas, and think logically. Includes examples of two children playing together. **DVD41, B284**

DVD Video **Going to the Heart of Autism: The Relationship Development Intervention Program.** Dr. Steven Gutstein (date unknown). An overview of the Relationship Development Intervention Program. It contains over 5 hours of video covering topics such as identifying core deficits, the stages of RDI, creating a balanced treatment plan, guided participation, and more. The DVD includes 30+ video clips of parents and families participating in RDI activities. An excellent tool to introduce and educate teachers, therapists, grandparents and friends to RDI. **DVD46**

Spiral Booklet **Power Cards: Using Special Interests to Motivate Children and Youth with Asperger Syndrome and Autism.** Elisa Gagnon (2001). This step-by-step book shows parents and educators how to help change an unwanted or inappropriate behavior by capitalizing on the special interests that characterize children and youth with AS. A brief, motivational text related to a special interest or a highly admired person is combined with an illustration and made into a bookmark-or business card-sized POWER CARD that the you can refer to whenever necessary. For younger children the special interest or hero is worked into a brief story. **B182**

DVD Video **The Social Response Pyramid.** Laurel Hoekman (2007). The Social Response Pyramid is a visual representation of social understanding. It can be used to help individuals increase the effectiveness of their responses. The workshop presented here provides the basic rationale for the Social Response Pyramid and some suggestions for using this valuable educational tool. **DVD49**

DVD Video **Spectrum Connections: Connecting through Music--Connecting Body Movement.** Produced by Brandissimo, Inc. (2005). This is the second volume in a series of high quality entertainment DVDs created by the mother of an autistic child that stimulate and engage children on the spectrum of autism and related disorders. This class is led by music therapist Elizabeth Balzano and is intended to help children explore body movements while singing, dancing, and having fun. **DVD32**

Book **The TEACHH Approach to Autism Spectrum Disorders.** Gary Mesibov, Victoria Shea, and Eric Schopler (2006). TEACCH (Treatment and Education of Autistic and Communications-Handicapped Children) has grown during the past three decades from a small clinic for children to an internationally recognized treatment and support modality for individuals of all ages with autism spectrum disorders. In this book, the program’s founders and their colleagues explain its methods and philosophy based on an understanding and respect for “the culture of autism.” **B107**

DVD Video **Workshop One: Be Your Child’s Best Play Partner.** Richard Solomon, M.D. (2004). This DVD contains clips of parents demonstrating effective play-based interventions with their young children with autism based on the Floortime/D.I.R model. It also contains the lecture “Autism: Early Intervention,” and a complete workshop based on the D.I.R. model and play-based interventions, as well as other valuable materials. **DVD61**

Behavior Modification

Book **Freedom from Meltdowns.** Travis Thompson, Ph.D. (2009). Daily meltdowns and tantrums are one of the biggest challenges of life with autism and related disorders. Now there’s a book with the expert advice professionals and parents need to understand meltdowns, stop them before they start, and improve quality of life for entire families. Thompson channels his 40 years of experience working with children and families into a how-to guide that helps readers. **B262**

DVD Video **Increasing Dental Compliance for Children with Autism: A Desensitization Package.** Produced by The Center for Autism Spectrum Disorders (2006). This DVD will show parents and professionals how to use a multi-component desensitization package for training children with autism to tolerate a dental examination. The DVD provides an explanation of each component of the treatment, and a post-test that illustrates the child’s successful compliance with the examination. **DVD19**

Spiral Booklet **Increasing Medical Compliance For Children with Autism: A Treatment Package.** Rachel Huckfeldt, Amanda Reagan, and Anthony Cuvo (date unknown). For children with autism, a trip to the doctor’s office can be extremely difficult. This booklet provides a variety of methods for preparing children for these visits and ensuring that the actual visits are successful. **B223**

Spiral Booklet **Increasing Oral Exam Compliance for Children with Autism: A Treatment Package.** Rachel Huckfeldt, Anthony Cuvo, Ronda DeMattei (date unknown). For children with autism, a trip to the dentist can be extremely difficult. This booklet provides a variety of methods for preparing children for these visits and ensuring that the actual visits are successful. **B222**

- Book **The Incredible 5 Point Scale: Assisting Students with ASD in Understanding Social Interactions and Controlling their Emotional Responses.** Kari Dunn Buron and Mitzi Curtis (2003). Two teachers share their simple yet successful concept of the 5 point scale to help students understand and control their emotional reactions to everyday events that might otherwise cause escalating reactions. This book shows how to break down a given behavior and suggests alternative, positive behaviors at each level of the scale. **B127**
- Book **No More Meltdowns: Positive Strategies for Managing and Preventing Out-Of-Control Behavior.** Jed Baker, Ph.D. (2008). Baker offers parents and teachers strategies for preventing and managing meltdowns. He presents a 4-step model: 1) Managing your own emotions by adjusting your expectations, 2) Learning strategies to calm a meltdown in the moment, 3) Understanding why a meltdown occurs, and 4) Creating plans to prevent future meltdowns. **B304**
- DVD Video **Smiley Saurus Goes to the Doctor.** Produced by The Center for Autism Spectrum Disorders (2006). This is a priming video designed to show children with autism some of the routines for visiting medical practitioners. This DVD presents a typically developing child undergoing a basic physical examination. Viewers will see the model exhibit skills for a successful examination. **DVD22**
- Book **A Treasure Chest of Behavioral Strategies for Individuals with Autism.** Beth Fouse and Maria Wheeler (1997). The authors address sensory, communication, and physical and social-emotional issues by increasing desired behaviors and decreasing unwanted behaviors. You will also learn how to build "sensory diets" into everyday activities; use antecedent control; teach students to self-regulate; deal with self-injurious behaviors, physical or verbal aggression, toilet training, obsessive-compulsive behavior, and fixations; deal with crisis/stress/data management, data management, and much more. **B316**
- DVD Video **Visiting the Dentist.** (Producer and date unknown). This is a priming video designed to show children with autism the routine of visiting the dentist. This DVD presents a peer model undergoing an oral assessment. Children will see the model exhibit skills for a successful dental visit. **DVD21**
- Spiral Book **The Way to A: Empowering Children with Autism Spectrum and Other Neurological Disorders to Monitor and Replace Aggression and Tantrum Behavior.** Hunter Manasco (2006). A wonderfully easy-to-use program for empowering students to make better choices. It offers clearly defined parameters to assist students in identifying the potential consequences of their actions. *The Way to A* strategy is the kind of resource parents and professionals will find themselves going to again and again. **B195**

Social Skills Development

- Book **Building Social Relationships: A Systematic Approach to Teaching Social Interaction Skills to Children and Adolescents with Autism Spectrum Disorders and Other Social Difficulties.** Scott Bellini, Ph.D. (2006). This comprehensive five-step model addresses the need for social programming for children and adolescents with autism spectrum disorders by helping children identify the skills they need to form relationships and an intervention plan to help them acquire these skills. Instead of offering a single strategy, this book organizes the myriad social skills strategies and resources currently available to make it easier for parents and educational professionals to teach social skills and design social skills programs for children with ASD. It is a social skills book that incorporates practical sense and offers everyday solutions. **B306**
- Book **Helping Children with Autism Become More Social: 76 Ways to Use Narrative Play.** Ann Densmore (2007). For parents, therapists, and teachers, one of the most frustrating aspects of autism and similar disorders is that children affected do not interact with others—even parents and siblings—and often seem unaware of the people and the environment around them. In this work, therapist Ann Densmore takes us with her as she works with children with autism in a remarkable program she has developed to lead such children into the social world. They travel to farms, ponds, playgrounds, and other natural settings where they interact with peers and siblings, and with the novel therapist whose play therapy has brought remarkable results for many. **B254**
- Book **The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations.** Brenda Smith Myles, Melissa Trautman, and Ronda Schelvan (2004). This guidebook is invaluable for helping persons with social-cognitive difficulties make sense of unspoken rules and expectations that govern how we interact with others in everyday life. Topics include bathroom rules, birthday parties, clothing, eating, and much more. **B290**
- Book **Hygiene and Related Behaviors for Children and Adolescents with Autism Spectrum and Related Disorders: A Fun Curriculum with a Focus on Social Understanding.** Kelly Mahler (2009). This book addresses hygiene issues and behaviors in terms of how the individual is perceived by others. It teaches self-care skills from the perspective of social awareness. **B313**
- Book and DVD Set **Group Treatment for Asperger Syndrome: A Social Skills Curriculum.** Lynn Adams, Ph.D. (2006). This book works as a manual or guide for setting up a curriculum for social skills work in a group setting for children with Asperger syndrome. It is based directly on case studies and the author's own experience. Includes a supplementary DVD. **B294**

DVD Series **Model Me: Videos for Modeling Social Skills.** Produced by Model Me Kids (2007). This series is recommended for ages 9-17.

1. Model Me Tips and Tricks. Watch as young people demonstrate social skills tips and tricks that include voice modulation, personal space, grooming and hygiene, and much, much, more. 2-DVD set. **DVD81**
2. Model Me Confidence. Watch as young people model skills for building self esteem, including peer pressure, choosing friends, scripting, and much, much more. Includes a bonus DVD on bullying. 3-DVD set. (2 copies) **DVD82, DVD85**
3. Model Me Friendship. Watch as young people initiate and maintain friendships. Topics include rejection, including others, compromise, body language, and much, much more. 2-DVD set. **DVD83**
4. Model Me Conversation Cues. Watch as young people model conversation skills such as starting conversations, taking turns speaking, staying on topic, and much, much more. 2-DVD set. **DVD84**

DVD Series **Model Me: Videos for Modeling Social Skills.** Produced by Model Me Kids (2009). Some DVD's in this series are recommended for ages 2-8, and some are recommended for ages 5-12.

1. Model Me Going Places. Watch as children model appropriate behavior in a variety of community settings such as the mall, at the doctor's office, at the grocery store, and much, much more. 2-DVD set. (2 copies) **DVD86, DVD88**
2. Time for School. Watch as children model appropriate behavior at school, including listening to the teacher, library behavior, playground behavior, and much, much more. 2-DVD set. **DVD87**
3. I Can Do It! Watch as children model appropriate behavior during challenges such as waiting, doing what is asked, trying something new, and much, much more. 2-DVD set. **DVD89**
4. Time for a Playdate. Watch as children model appropriate behavior on playdates. Topics include greeting a friend, sharing, taking turns, and much, much more. 2-DVD set. **DVD90**
5. Model Me Faces and Emotions. Watch as children demonstrate a variety of faces and emotions such as happy, sad, afraid, angry, and many more. 2-DVD set. **DVD91**

DVD Video **Navigating the Social World.** Jeanette McAfee, M.D. (2003). This dynamic video workshop offers creative strategies for teaching social skills in fun ways. It is based on the best-selling book by the same name, and can be used by teachers, therapists, and family members. Through skits, audience participation, and presentations, strategies are presented that will help the viewer teach social skills and increase social awareness. **DVD54**

- Book **The New Social Story Book: Illustrated Edition.** Carol Gray and Sue Jonker (1994). Social stories provide individuals with autism with accurate information regarding situations they encounter. For some students with autism, this type of written information has a positive impact on their responses to social situations. Social stories have also been used successfully to teach academic skills. **B126**
- DVD Video **Passport to Friendship: Facilitating Peer Play for Children with ASD.** Produced by the Behavioral Intervention Association (2006). This DVD provides an engaging step-by-step approach to generating successful peer play for the child with ASD, and helps parents and educators discover that although peer play is complex, the skills required for interactive play can be broken down into achievable goals. **DVD26**
- Book **Playing it Right: Social Skills Activities for Parents and Teachers of Young Children with Autism Spectrum Disorders.** Rachael Bareket (2006). The book is a series of activities designed to help children on the autism spectrum develop basic social skills by focusing on elements of social interaction in a variety of settings home, preschool, kindergarten and elementary school. It is intended for use by parents, teachers and others working with young children of varying ages. **B291**
- Book **Relationship Development Intervention with Young Children.** Steven Gutstein and Rachelle Sheely (2002). Friendship, even for the most able, requires hard work, and the odds are heavily stacked against those with autism spectrum conditions. Designed for younger children, typically between the ages 2-8, this set of enjoyable activities emphasizes foundation skills such as social referencing, regulating behavior, conversational reciprocity and synchronized actions. The authors include many objectives to plan and evaluate a child's progress, each one related to a specific exercise. Suitable for parental use, the manual is also designed for easy implementation in schools and in therapeutic settings. **B188**
- Book **The Unwritten Rules of Friendship: Simple Strategies to Help Your Child Make Friends.** Natalie Madorsky Elman, Ph.D., and Eileen Kennedy-Moore, Ph.D. (2003). This practical handbook draws on the authors' experience working with thousands of children to offer you tools you can use—including practical activities, games, and exercises—to identify a child's social strengths and difficulties and to sharpen their social skills. Whether your child is a complainer, wallflower, target, aggressor, poor sport, perfectionist, etc., you will learn to recognize the barriers to friendship that affect him or her and learn simple strategies to help your child understand social interactions. **B153**
- Book **Unwritten Rules of Social Relationships: Decoding Social Mysteries Through the Unique Perspectives of Autism.** Dr. Temple Grandin and Sean Barron (2005). Grandin and Barron use their colorful life stories to explain the unwritten rules and patterns of social relationships. They create guidelines for living and working with others and illustrate their infinite applications, in even the most complex situations. The authors' brilliant insights are invaluable to anyone who has ever felt "outside the norm" in school, at work, or when relating to people in general. **B215**

Communication Strategies

- Book **Augmentative & Alternative Communication: Supporting Children & Adults with Complex Communication Needs.** David Beukelman and Pat Mirenda (2005). Approaching severe communication disorders from an intervention perspective, this trusted resource prepares students and practicing professionals to serve individuals with augmentative or alternative communication (AAC) needs. In this revised third edition, professionals working or preparing to work with children and adults who use AAC will get new and expanded content. **B248**
- Book **Autism Spectrum Disorders and AAC.** Pat Mirenda and Teresa Iacono (2009). For children, adolescents, and adults with ASD, augmentative and alternative communication (AAC) can have a tremendous positive impact on communication, social skills, and behavior. This comprehensive research volume shows professionals what the most effective AAC methods are—and why they're an ideal fit with a variety of learning approaches that work for people with ASD. **B267**
- Book **Comic Strip Conversations: Illustrated Interactions that Teach Conversation Skills to Students with Autism and Related Disorders.** Carol Gray (1994). This is a book of comic strip conversations that illustrate ongoing communication and provide additional support to individuals who struggle to comprehend the quick exchange of information that occurs in a conversation. These strips identify what people say and do, and emphasize what people may be thinking. **B201**
- Spiral Book **The Picture Exchange Communication System Training Manual, 2nd Edition.** Lori Frost and Andy Bondy (2002). This manual provides comprehensive instruction in implementing the Picture Exchange Communication System. It also includes descriptions of the Pyramid Approach to education, functional communication, and how PECS fits into these ideas. **B184**
- Book **A Picture's Worth: PECS and Other Strategies in Autism.** Andy Bondy (2002). This easy-to-understand guide presents in detail the Picture Exchange Communication System (PECS)—pictures used by a child to express his needs and desires without a prompt from another person—as well as an overview of other augmentative and alternative communication systems. Developed during many years of experience working with children with autism, PECS can be used for children of any age who are non-verbal or who are verbal, but do not initiate communication. **B183**
- Book **Teaching Conversation to Children with Autism.** Lynn McClannahan, Ph.D. and Patricia Krantz, Ph.D. (2005). Part of the *Topics in Autism Series*. This book describes scripts that parents and teachers can use to help children learn to initiate conversation, thereby improving communication. Drs. McClannahan and Krantz have successfully used scripts and script-fading techniques based on their clinical observations and research, and founded on applied behavior analysis principles. **B114**

Sensory Integration

- Book **Answers to Questions Teachers Ask About Sensory Integration.** Kranowitz, Martin, Sava, Haber, and Szklut (2007). In this elegant approach to the often elusive subjects of sensory integration and sensory processing disorder, expert occupational therapists have assembled an extensive and easy-to-use set of checklists and other tools that are invaluable to every teacher and parent who has children with sensory challenges. **B243**
- Book **Building Bridges Through Sensory Integration: Therapy for Children with Autism and Other Pervasive Developmental Disorders.** Ellen Yack, Paula Aquilla, and Shirley Sutton (2002). This book provides a practical resource for parents, educators, occupational therapists, and other professionals. Our focus is on children who have a diagnosis of autism or other pervasive developmental disorders (PDD) and who experience abnormal sensory processing and impaired motor planning. We want to empower children, parents, and service providers. We'll give you some new insights into behavior—and some strategies for increased success. **B250**
- Book **Sensational Kids: Hope and Help for Children with Sensory Processing Disorder.** Lucy Jane Miller, Ph.D. (2006). In this authoritative work, the best-known SPD researcher in the world brings together a lifetime of study and vivid stories to teach parents and others the signs and symptoms of SPD and its major subtypes, ways the disorder is diagnosed and treated, strategies for coping with it, and advocacy methods to bring families help and hope. **B269**
- Book **Starting Sensory Integration Therapy: Fun Activities That Won't Destroy Your Home or Classroom.** Bonnie Arnwine (2007). This is a collection of activities that caregivers have passed down for many years. **B265**

Learning and Education

- Book **Children and Youth With Asperger Syndrome: Strategies for Success in Inclusive Settings.** Brenda Smith Myles (2005). Myles provides important strategies for teaching children diagnosed with Asperger syndrome and presents research-based, instructional, behavioral, and environmental strategies for teachers. **B275**
- Book **The Complete IEP Guide: How to Advocate for Your Special Child.** Lawrence Siegel (2005). An all-in-one guide that will help you understand special-education laws, identify your child's needs, prepare for meetings, develop the IEP, and resolve disputes. **B104**

- Book **Creating a Win-Win IEP for Students with Autism: A How-To Manual for Parents and Educators, 2nd Edition.** Beth Smith, Ph.D. (1999). A must-read for every parent or educator who participates in the IEP process. The book takes readers through the entire range of a “child-centered” educational process, from the initial stages of identification and diagnosis to full implementation and monitoring of the individualized education program. **B315**
- Book **Educating Children with Autism.** Produced by The National Research Council (2001). *Educating Children with Autism* outlines an interdisciplinary approach to education for children with autism. The authors explore what makes education effective for the child with autism and identifies specific characteristics of programs that work. Recommendations are offered for choosing educational content and strategies, introducing interaction with other children, and other key topics. **B108**
- DVD Video **Educational Inclusion: A Mother's Perspective.** Produced by the National Fragile X Foundation (date unknown). When UCLA's Neuropsychiatric Department found out how Dani Steiger was introducing her Fragile X son to classmates by video before he joined his mainstream classes, they asked her to join an inclusion project. The resulting video shows Dani in a studio class setting, helping students understand Fragile X and teaching them tolerance for our differences as well. This *Mother's Perspective* can be used to educate teachers, students and family, or it can give you ideas to create your own video about your child. **DVD44**
- Book **Helping Children with Autism Learn: Treatment Approaches for Parents and Professionals.** Bryna Siegel, Ph.D. (2003). Siegel explains how to take an inventory of a child's particular disabilities, breaks down the various problems unique to autism, discusses our current knowledge about each, and reviews the existing strategies for treating them. She gives practical guidance for fashioning a unique program for each child's problem, empowering parents to take the lead in their child's treatment. **B110**
- DVD Video **Identifying Preferences & Creating Motivation to Learn for Children with Autism Spectrum Disorders.** Produced by the Center for Autism Spectrum Disorders (2006). This DVD offers assistance in how to teach children with autism more effectively and prevent challenging behavior. It explains the importance of designing instruction to incorporate stimuli that children prefer to increase their motivation to respond appropriately. Four methods to assess children's preferences are explained and demonstrated with children with autism. **DVD20**

- DVD Series **Intricate Minds Series.** Produced by Coulter Video (2006). These three separate videos are aimed at typically developing children and adolescents, and their intention is to educate students about their classmates who have disabilities such as Autism Spectrum Disorder.
1. Intricate Minds: Understanding Classmates with Asperger Syndrome. **DVD30**
 2. Intricate Minds II: Understanding Elementary School Classmates with Asperger Syndrome. **DVD29**
 3. Intricate Minds III: Understanding Elementary School Classmates Who Think Differently. **DVD28**
- Book **Just Give Him the Whale: 20 Ways to Use Fascinations, Areas of Expertise, and Strengths to Support Students with Autism.** Paula Kluth, Patrick Schwarz (2008). When learners with autism have deep, consuming fascinations, teachers often wonder what to do. This practical guidebook gives educators across grade levels a powerful way to think about students' obsessions: as positive teaching tools that calm, motivate, and improve learning. **B288**
- Book **School Success for Kids with Asperger's Syndrome.** Stephan Silverman, Ph.D. and Rich Weinfeld (2007). This book covers topics such as recognizing and diagnosing AS, addressing the needs of students with AS, implementing successful practices in the classroom, working with the school system, and providing interventions in the home to help develop needed skills. **B137**
- DVD Video **Strategies for Organization: Preparing for Homework and the Real World.** Michelle Garcia Winner (2005). Michelle explains different types of organizational tasks, and how to help students focus more on their strengths than their weaknesses when approaching a homework assignment. She presents ten steps for organizing and producing homework. While this DVD focuses specifically on many of the skills needed to complete a night of homework, the skills learned apply far beyond this one task. We use these same ten steps throughout our lives to manage our jobs, chores, and even planning and going on vacations. **DVD38**
- Book **Tasks Galore.** Laurie Eckenrode, Pat Fennell, Kathy Hearsey (2003). The mission of this book is to help teachers, therapists, and parents design meaningful, individualized tasks with an emphasis on functional academics. Many students with special needs learn best using a multi-modal approach to learning, and this book contains many task ideas using that approach. The learning concepts covered include fine motor skills, language arts, math, reasoning, and more. Contains full-color photograph samples of each task. **B317**
- Book **Ten Things Your Student with Autism Wishes You Knew.** Ellen Notbohm (2006). This book will help educators understand the autistic student's thinking patterns that guide their actions, how to shape an environment conducive to their learning styles, and how to communicate with them in meaningful ways. Notbohm emphasizes raising our expectations for autistic learners and getting to know children with autism as people rather than as diagnoses or problems. **B300**

Book **Thinking About You Thinking About Me: Teaching Perspective Taking and Social Thinking to Persons with Social Cognitive Learning Challenges, 2nd Edition.** Michelle Garcia Winner (2007). Perspective taking is crucial to the development of advanced social thinking and related skills. Yet, individuals with social-cognitive challenges are often “in the dark” when it comes to understanding verbal and nonverbal communication within different social situations. This book will help parents and educators understand and assess these challenges in individuals, then devise instructional programs to address them. **B285**

Clinical & Medical Information

Book **Autism Frontiers: Clinical Issues and Innovations.** Bruce Shapiro and Pasquale Accardo (2008). The book every clinician needs, *Autism Frontiers* brings together the biggest names in autism research to examine the most important medical and clinical issues related to this complex spectrum of disorders. This much-needed professional reference gives clinicians in-depth, up-to-date, and readily applicable research and insight on the pressing issues they’ll encounter most in their practice. **B263**

Book **Autism’s False Prophets: Bad Science, Risky Medicine, and the Search for a Cure.** Paul Offit, M.D. (2008). This national expert on vaccines challenges the modern-day false prophets who have so egregiously misled the public and exposes the opportunism of the lawyers, journalists, celebrities, and politicians who support them. Offit recounts the history of autism research and the exploitation of this tragic condition by advocates and zealots. He considers the manipulation of science in the popular media and the courtroom, and he explores why society is susceptible to the bad science and risky therapies put forward by many anti-vaccination activists. **B268**

DVD Video **Functional Analysis: A Guide for Understanding Challenging Behavior.** Produced by the Center for Autism Disorders (2005). This video presents a general overview of functional assessment techniques and highlights the four most common functions of challenging behavior. It also includes a step-by-step guide for conducting an experimental analysis, including detailed descriptions and video segments. **DVD15**

Book **Handbook of Autism and Pervasive Developmental Disorders, Volumes I & II, 3rd Edition.** Volkmar, Paul, Klin, and Cohen (2005). A comprehensive handbook devoted to autism and pervasive developmental disorders testifies to the volume of research, services, theory, and advocacy related to children and adults with the most severe disorders of development. Indeed, the third edition of this work is now literally two books. The expansion in size and sophistication reflects substantial advances in knowledge during the one decade that separates it from its predecessor published in 1997. **B242, B259**

- Book **Optimizing Care for Young Children with Special Health Care Needs: Knowledge and Strategies for Navigating the System.** Elisa Sobo and Paul Kurtin (2007). How can primary care physicians and other health care providers help families get the best care and services for young children with special health care needs? How can families optimize the care to which they are entitled? The answers are in this concise resource, a one-of-a-kind field guide to all the critical issues, policies, and practices affecting medical care for children with special health care needs from birth to age five. **B256**
- Book **Prescription for Success: Supporting Children with Autism Spectrum Disorders in the Medical Environment.** Jill Hudson (2006). Grounded in research, this easy-to-read resource is bursting with tools for understanding and implementing interventions that help children with Asperger Syndrome and high-functioning autism successfully navigate the complex, confusing, and often sensorially overstimulating environment surrounding medical care. **B208**
- Book **Promoting Health Care Transitions for Adolescents with Special Health Care Needs and Disabilities.** Cecily Betz and Wendy Nehring (2007). As children with special health care needs and disabilities reach adulthood, they face an often difficult transition from pediatric care to adult health care. Make that challenging shift much easier with this comprehensive problem-solving guide, the book that helps professionals across systems work together on effective health care transition plans for youth and adolescents with a range of special health care needs and disabilities. **B261**
- Book **Straight Talk about Psychiatric Medications for Kids, 3rd Edition.** Timothy Wilens, MD (2009). This book will help parents to become active, informed managers of their children's care. Dr. Wilens explains how medications work; their impact on kids' emotions, personality, school performance, and health; the risks and benefits of widely used antidepressants; and much more. **B310**
- Book **Taking the Mystery Out of Medications in Autism/Asperger Syndromes: A Guide for Parents and Non-Medical Professionals.** Luke Tsai, M.D. (2001). This book was written to empower the reader with the knowledge of the standard of medication treatment of ASD and related disorders. The guidelines in this book are not meant to be the ultimate "standard of care," but will at least help raise the standard of using psychotherapeutic medications in children with ASD and related disorders. **B270**
- DVD Video **Treatment Strategies for Childhood Apraxia of Speech.** David Hammer (2006). Made especially for speech-language pathologists, this DVD addresses the challenges faced by clinicians in treating Childhood Apraxia of Speech (CAS). David Hammer of Children's Hospital of Pittsburgh, a nationally recognized leader in the evaluation and treatment of CAS, discusses a wide range of treatment ideas, including a multi-sensory treatment approach based on the principles of motor learning. You will see extensive film clips of children with CAS in treatment sessions to highlight practical speech therapy techniques and clinical decision making. Additional strategies for family involvement, along with videotaped examples, are also included. **DVD50**

Activity Guides

- Book **101 Activities for Kids in Tight Spaces.** Carol Stock Kranowitz (1995). When what you've got is a restless child in a small space such as a doctor's office, a car, a sickbed, etc., you need solutions. These activities are easy to implement and are intended to be creative fun for kids ages 3-7. You'll find great projects for every imaginable small space that parents and children encounter. **B289**
- Book **101 Games and Activities for Children with Autism, Asperger's, and Sensory Processing Disorders.** Tara Dalaney (2010). This book shows you how to teach your children and enhance their development through playtime activities. The interactive games presented in this guide are easy to learn and will provide hours of fun and stimulation. **B299**
- Book **101 Life Skills Games for Children.** Bernie Badegruber (2005). Contains activities recommended for children ages 6-12. These games can help teach children tolerance, self-awareness, responsibility, dealing with fear, mistrust, or aggression, and much more. The games are divided into categories, and each game lists the specific target skills that it addresses. **B298**
- Book **104 Activities that Build: Self Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills.** Alanna Jones (1998). This book makes teaching and learning by playing games a simple and fun experience for everyone. If you have a small group, large group, or even on-on-one sessions, there is something useful in this book for you. These games can be used in any setting with minimal resources and on any budget. **B297**
- Book **Attention Games: 101 Fun, Easy Games that Help Kids Learn to Focus.** Barbara Sher (2006). This book is filled with interesting and child-tested activities that can help children of all ages become better at focusing and paying attention. These games can enhance children's intelligence, boost their confidence, and increase their ability to concentrate on one thing for long periods. **B302**
- Book **Cabins, Canoes and Campfires: Guidelines for Establishing a Summer Camp for Children with Autism Spectrum Disorders.** Jill Hudson (2005). A terrific resource for parents and professionals, this guide should be used as part of staff development for camp orientation and should be read by all parents who are considering sending their child to summer camp. With great purpose and vision, Hudson has created a clear, concise and user-friendly guide that explains how to build supports, break down barriers, and promote skill development through the camping experience for individuals with ASD. **B207**

- Spiral Booklet **Group Activities for Children with Autism: Using Scripted Task Presentations to Facilitate Basic Skills.** Campagna, Cooper, Greising, Martin, Schaper, and Trammel (2008). This manual contains teaching activities that can be used with both preschool and early elementary school children. The target skills for each activity are outlined, as well as the materials needed to get started. More importantly, the task presentation is scripted for you. The task presentation is intended to help you provide consistent, simple instructions and to help you prompt responses effectively. **B212**
- Book **Life Skills Activities for Special Children.** Darlene Mannix (1991). For all educators of special learners, here are 145 ready-to-use lessons and reproducible line master worksheets that help children acquire the basic skills necessary to achieve independence and success in everyday living. **B119**
- Book **The Out-of-Sync Child Has Fun: Activities for Kids with Sensory Processing Disorder.** Kranowitz (2003). *The Out-of-Sync Child Has Fun* invites us into the action by delivering tried and true pretested activities designed just for this special group of young children. **B247**
- Spiral Booklet **Pathways to Participation: Planning Community Outings for Children with Autism Spectrum Disorders.** Rachel Huckfeldt and Rebecca Trammel (2007). This book contains an overview of our conceptualization of full community inclusion for children with autism between the ages of five and eleven. The activities are intended for children with autism who are at least partially included in an age-appropriate general education classroom, have the ability to attend to a teacher, and have some functional self-management skills. **B213**
- Spiral Booklet **Recreation Supports for Children with Autism Spectrum Disorders.** Allesia Brennan and Melanie Rose (2007). The purpose of this material is to outline supports to use in a recreational setting that increase the likelihood of successful participation. It includes ways to prepare your child for a new activity, modify an activity, structure the environment, and provide visual support. **B211**
- Book **Sibshops: Workshops for Siblings of Children with Special Needs, Revised Edition.** Don Meyer and Patricia Vadasy (2008). With this revised edition of the hugely popular guide, it has never been easier to create effective, engaging support groups for siblings of children with special needs. Fully updated and highly practical, this user-friendly guide helps you develop workshops where 8 to 13-year-old siblings can share their stories, give and receive support, and just have fun with other children who've been there. This easy-to-use manual gives you the in-depth instructions and photocopiable forms you need to start, fund, and run a Sibshop—plus almost 100 inexpensive, high-energy games and activities guaranteed to get children talking, laughing, and learning. **B203**

Dealing with Death and Loss

Book / Workbook **Autism and Loss.** Rachel Forrester-Jones and Sarah Broadhurst (2007). In order to provide effective support, caregivers need to have the knowledge, skills, and appropriate resources to help people with ASD work through emotional reactions to loss. This complete resource covers different types of loss, including bereavement, loss of friends or staff, loss of home or possessions, and loss of health. It includes a wealth of factsheets and practical tools that provide caregivers with authoritative, tried and tested guidance. **B260**

Book / Workbook **Understanding Death and Illness and What They Teach About Life: An Interactive Guide for Individuals with Autism or Asperger's and their Loved Ones.** Catherine Faherty (2008). Finally, family members and professionals have true guidance for these difficult but necessary conversations. Faherty offers detailed, concrete explanations of illness, dying, life after death, losing a pet, and numerous other issues. Her descriptions are written with such care, even caregivers will be comforted by her words. **B258**

Workbook **Why Did You Die? A Workbook to Help Children Deal with Their Grief.** Erika Leeuwenburgh and Ellen Goldring (2005). This bereavement book will help children, parents, and other adults communicate about death and the grieving process. It begins with a section for adults, describing children's grief responses. Taking an art therapy approach, the activities then move through the issues they must eventually confront. In a direct yet non-threatening manner, *Why Did You Die* can even help children learn, grow, and continue to thrive. **B237**

Bullying

Book **Asperger Syndrome and Bullying: Strategies and Solutions.** Nick Dubin (2007). Bullying is a serious problem for people with Asperger Syndrome, both at school and in the workplace. Dubin outlines the reasons for bullying as well as a range of effective strategies that can be used by parents, professionals, schools, and the victims themselves. Among those strategies are peer intervention, empathetic teachers, and verbal self-defense. **B136**

DVD Video **Being Bullied: Strategies and Solutions for People with Asperger's Syndrome.** Nick Dubin (2006). This DVD describes the various types of peer abuse—taunting, nicknames, damaging property, and stealing—and the devastating consequences, such as poor self-esteem, low academic achievement, depression, or even suicide. It also offers practical strategies to empower parents, professionals, schools and individuals to prevent bullying. **DVD24**

Book **Perfect Targets: Asperger's Syndrome and Bullying--Practical Solutions for Surviving the Social World.** Rebecca Heinrichs (2003). Most children and adolescents with high-functioning autism and Asperger Syndrome are victims of bullying at school and in the community. Indeed, some of their unique behaviors and characteristics make many of these children easy targets for chronic, frequent and severe bullying. This book takes an honest look at the different types of bullying and the actions adults must take to curb bullying, thereby helping to prevent the often lifelong effects of this insidious form of behavior on victims. Practical strategies and solutions at the school, class and individual level are presented. **B112**

Cook Books & Dietary Issues

Book **Can't Eat Won't Eat: Dietary Difficulties and Autistic Spectrum Disorders.** Brenda Legge (2001). When you discover that your child with ASD won't eat 99% of all foods, it can be very frustrating. The author found herself in this situation when her son first took a dislike to milk, then to virtually every other food. Her book was written to reassure other parents in the same boat, and to suggest practical methods of dealing with the problem. The experience of other parents, children, and professionals with first-hand knowledge of dietary difficulties, and their advice and comments, are also included. **B176**

Spiral Booklet **Food Facts Sheets.** Produced by Kids Cooking Activities (2007). This book contains informative sheets that include facts for many fruits and vegetables, grain, dairy, and meat products. These fact sheets are to help learn more about good nutrition and follow the My Pyramid food chart for healthy eating for kids. Included in each page is how the food grows, when it is available, what to look for when buying, how to cook, and a recipe. **B225**

Book **Just Take A Bite: Easy, Effective Answers to Food Aversions and Eating Challenges.** Lori Ernsperger and Tania Stegen-Hanson (2004). Learn the possible causes of children being resistant eaters, when you need professional help, and how to deal with the behavior at home. **B170**

Spiral Booklet **Kid Friendly Finger Foods and Dips.** Produced by Kids Cooking Activities (2007). Contains several kid-friendly recipes. **B227**

Spiral Booklet **Kids Cooking Lessons.** Debbie Madson (2007). This is a special collection of lessons and recipes to help children learn how to cook, to create family time and bonding, and to give kids real lessons in nutrition, science, language, and math. **B226**

Spiral Booklet **Recipe Book.** Produced by students at Eastern Illinois University (2008). This visually-based cook book designed by students at Eastern Illinois University contains recipes and detailed instructions that children can use to prepare breakfast foods, fruit and vegetable dishes, snacks, and sandwiches. **B281**

Activity
Book **There's A Rainbow on my Plate!** Produced by the Better Health Foundation (2005). This activity book helps get young children excited about eating colorful fruits and vegetables. **B189**

Adolescent Issues

Book **Asperger Download: A Guide to Help Teenage Males with Asperger Syndrome Trouble-Shoot Life's Challenges.** Josie and Damian Santomauro (2007). This mother-son team provides enlightening insights into the teenage years of a young man with Asperger Syndrome accompanied by reflective comments by his mother. Damian shares what he has learned about coping with social issues and other day-to-day situations. **B312**

Book **Asperger Syndrome and Adolescence: Helping Preteens get Ready for the Real World.** Teresa Bolick (2004). This book clearly explains the challenges facing older children with Asperger Syndrome and offers practical advice that can easily be utilized by the parents, educators, and therapists who work with them. It is highly recommended that it be read not only by parents and professionals who work with teens with AS, but also by parents of younger children who wish to glimpse into the future. **B139**

Book **Asperger's Syndrome and Sexuality: From Adolescence through Adulthood.** Isabelle Hénault (2005). Playing the dating game is often tricky: all the more so for individuals with Asperger's Syndrome. How do AS adolescents and their families cope with sexual feelings and behavior? How do people with AS deal with intimacy and communication in sexual relationships? The first part of this unique guide provides practical information and advice on issues ranging from puberty, sexual development and gender identity disorders to couples therapy with maintaining sexual boundaries. A comprehensive sex education program for those with AS, comprising workshops and activities for the development of sociosexual skills, makes up the second part of the book. **B123**

Book **Autism-Asperger's and Sexuality: Puberty and Beyond.** Jerry and Mary Newport (2002). A groundbreaking, personal look at the sexual challenges of those diagnosed with autism or Asperger's Syndrome. Both authors were diagnosed with Asperger's Syndrome as adults. They spent much of their lives trying to be "normal" and never quite fitting in. They beat the odds by becoming one of the few married autistic couples that have not only found love, but kept it alive. Here they share their first-hand knowledge of the challenges of sex and help to guide young autistic adults and their caregivers through this sometimes bewildering but fascinating topic. **B144**

- Book **Girls Growing up on the Autism Spectrum: What Parents and Professionals should Know about the Pre-Teen and Teenage Years.** Shana Nichols, Gina Moravicik, and Samara Tetenbaum (2009). This book covers all the concerns commonly faced by girls with ASDs and their parents, from periods and puberty to worries over friendships and fitting in. The book addresses core issues such as cognition, communication, behavior, sensory sensitivities, and social difficulties. **B311**
- Book **Succeeding with Interventions for Asperger Syndrome Adolescents: A Guide to Communication and Socialization in Interaction Therapy.** John Harpur, Maria Lawlor, and Michael Fitzgerald (2006). This work presents a wide range of useful strategies to address the communication and socialization difficulties experiences by adolescents with Asperger Syndrome. The authors outline social skills session formats, possible problems and solutions, and emphasize the significance of the therapist's attitude and the role of parents in building social confidence. **B293**
- Book **Teaching Children with Down Syndrome about their Bodies, Boundaries, and Sexuality: A Guide for Parents and Professionals.** Terri Couwenhoven (2007). Couwenhoven encourages parents to be proactive and directly and openly to children, teens, and young adults about their bodies, personal boundaries, privacy, puberty, sexuality, relationships, and abuse prevention. Each chapter highlights key points, activities, and parent statements. **B314**

Adult Issues

- DVD Video **Asperger Syndrome and Employment: A Personal Guide to Succeeding at Work.** Nick Dubin (2007). This DVD shows how success in the workplace is possible with perseverance and with the right supports and strategies in place. Dubin advises how to succeed in the workplace and offers practical advice on finding employment in line with your interests, making use of job coaches, developing self-esteem, using your strengths, and being honest to yourself and other about your weaknesses. **DVD23**
- Book **Asperger Syndrome and Long-Term Relationships.** Ashley Stanford (2003). The author examines how AS behaviors may be interpreted without a solid awareness of the condition. She provides a wealth of solutions and offers comforting understanding to the increasing number of similar couples. **B132**
- Book **Autism & the Transition to Adulthood: Success Beyond the Classroom.** Paul Wehman, Marcia Datlow Smith, and Carol Schall (2009). Ease the challenging transition to the real world for students who have autism with this groundbreaking practical guide, a must for every educator, transition specialist, employment specialist, and counselor who works with young adults. Readers will get a complete guide that walks them through every key aspect of transition planning. **B255**

- Book **Developing Talents: Careers for Individuals with Asperger Syndrome and High-Functioning Autism.** Temple Grandin and Kate Duffy (2004). Useful to individuals with Asperger Syndrome or high-functioning autism, and especially valuable to parents and others who aspire to be ‘helpers.’ Written with clarity and directness, Grandin’s illustrations from her own youthful experiences are convincing and will inspire hope and impart practical guidance. This book covers all aspects of the search for suitable careers for individuals on the autism spectrum. **B138**
- Book **Loving Mr. Spock: Understanding an Aloof Lover.** Barbara Jacobs (2003). A book about falling in love with someone who has Asperger’s. It is a mystery and adventure story that is fact, not fiction, and similar stories are being experienced everywhere. This is a great insight handbook that provides invaluable practical advice. **B135**
- Book **The Other Half of Asperger Syndrome: A Guide to Living in an Intimate Relationship with a Partner who has Asperger Syndrome.** Maxine Aston (2001). Based on research, her experiences as a counselor specializing in this area, as well as her personal relationship experiences, the author explores the relationships of adults with Asperger Syndrome. **B134**
- Book **Solutions for Adults with Asperger Syndrome: Maximizing the Benefits, Minimizing the Drawbacks to Achieve Success.** Juanita Lovett, Ph.D. (2005). Although more adults than ever are being accurately diagnosed with AS, it’s still a condition typically associated with young children and adolescents. As a result, adults and their families have had few places to turn for useful, practical guidance on what life is like for adults with AS, why it’s difficult to get a correct diagnosis, and—once correctly diagnosed—how to maximize its benefits while minimizing its drawbacks. That is, until now. **B129**

Books for Children

- Book **A is for Autism, F is for Friend: A Kid’s Book on Making Friends with a Child Who Has Autism.** Joanna Keating-Velasco (2007). This simple, heartfelt book touches on the importance of breaking down barriers to pave the way for unique friendships between kids who are not that different after all. **B155**
- Book **All About My Brother.** Sarah Peralta (2002). This book comes from the heart of a little girl who has grown up with and who, with her parents, has been involved in helping her younger brother with autism to learn. While written from Sarah’s perspective, the book is a testament to the parental support that has fostered a strong positive relationship between Sarah and her brother, with the result that, even at a very young age, Sarah has become a strong advocate for Evan and for other children with autism. **B167**

- Book **All Cats Have Asperger Syndrome.** Kathy Hoopmann (2006). Touching, humorous and insightful, this book evokes the joys and challenges of raising a child who is different. It leaves the reader with a sense of the dignity, individuality, and potential of people with Asperger Syndrome. **B249**
- Book **The Autism Acceptance Book.** Ellen Sabin (2006). This book will help you and your child learn about autism and some of the different qualities of people with autism. You will see that people with autism have their own special skills and challenges and want to be accepted and understood. **B196**
- Book **Amazingly...Alphie! Understanding and Accepting Different Ways of Being.** Roz Espin and Beverly Ransom (2003). This story is about differences. It's about trying to understand and accept people's different ways of being. It's a story about finding the buried treasure – and looking beyond the challenge and finding the good that is always there. **B191**
- Book **Autism Through A Sister's Eyes.** Eve Band, Ph.D. and Emily Hecht (2001). When young people have questions about a brother or sister with high-functioning autism or AS, clear answers can be hard to find. "Why does Daniel do that?" is the question ten-year-old Emily asked her parents as a young child when she first sought to understand her older brother and his differences. This book gives voice to Emily's actual story: her questions about her brother, her search for answers about autism, her exploration of her feelings as a sibling of a high-functioning autistic brother. Emily's story is as uplifting as it is filled with valuable information for parents and siblings. **B157**
- Book **Be Careful and Stay Safe.** Cheri Meiners (2006). A book that teaches little ones how to avoid potentially dangerous situations, ask for help, follow directions, use things carefully, and plan ahead. It includes questions, activities, and safety games that reinforce the ideas being taught. **B190**
- Book **I Am Utterly Unique: Celebrating the Strengths of Children with Asperger Syndrome and High-Functioning Autism.** Elaine Marie Larson (2006). This book is a delightful celebration for children who have ASD as well as those who don't. The illustrations are inviting, leaving you wanting to turn to the next page for more. The text gives great insight into and captures the mind of children who are "utterly unique." This is a treasure to be shared with young and old alike. **B210**
- Book **My Best Friend Will.** Jamie Lowell and Tara Tuchel (2005). This book successfully shows children and adults how unthreatening the behavioral differences of autistics really are. It also goes further, venturing into the braver truth that some of these differences are to be treasured. **B173**
- Book **My Friend with Autism.** Beverly Bishop (2002). This book is the result of a parent's determination to help her special needs son fit in with his peers. The author wrote the book in order to foster tolerance and understanding among teachers and students in her son's elementary school class. By helping others understand autism, she is able to encourage a positive approach to classroom integration for special needs children. **B171**

- Book **Of Mice and Aliens: An Asperger Adventure.** Kathy Hoopmann (2001). When Ben and Andy discover an alien crash landed in the backyard, they are faced with a problem. They want to help Zeke repair his ship, but why does he ask for such strange things? Can they trust him? *Of Mice and Aliens* is a book of mystery and fun. With Ben learning to cope with his newly diagnosed Asperger Syndrome, and Zeke trying to cope with life on Earth, things are not always as they seem. **B192**
- Book **Russell is Extra Special: A Book About Autism for Children.** Charles Amenta III, M.D. (1992). Explaining autism to children can be a difficult task. This heart-warming portrayal of an autistic boy and his family will help children and their parents understand this serious developmental disorder. An introduction for parents and a list of resources supply further information. In addition, as they enjoy and identify with the family photographs so similar their own, children will develop greater sympathy for those who may be different from themselves. **B166**
- DVD Video **Stranger Safety: Hot Tips for Cool Kids.** John Walsh, Julie Clark. (2005). "Safe Side Super-Chick" is a decidedly zany host who successfully combines slapstick humor with serious, practical safety tips for kids. She offers seven specific safety tips to keep kids safe and, with the help of real kids, details simple, concrete actions and phrases that empower kids in a variety of potentially dangerous situations. **DVD92**
- Book **Taking Autism to School.** Andreanna Edwards (2002). This story for children with autism describes what happens at school, what will be learned there, and who can be counted on for help in this environment. **B165**
- Book **To Be Me: Understanding what it's Like to Have Asperger's Syndrome.** Rebecca Etlinger (2005). Ten-year-old David is a regular kid except for one thing: He has Asperger's Syndrome. Written from David's point of view, this charming book uses playful illustrations and kid-friendly text to tell young readers what it's like to have Asperger's Syndrome. **B172**

Materials for Young People

- Book **A 5 is Against the Law: Social Boundaries Straight Up!** Kari Dunn Buron (2007). This simple, yet powerful workbook is a must for social skills training with teens and young adults. It organizes potential behaviors on a 5-point scale to facilitate understanding the consequences of one's behavior: 5 for physically hurtful or threatening behavior, 4 for scary behavior, 3 for odd behavior, 2 for reasonable behavior, and 1 for very informal social behavior. **B124**

- Spiral Book/
Workbook **Asperger Syndrome: An Owner’s Manual.** Ellen Heller Korin (2006). This interactive workbook is designed to help young people develop their Personal Profile. By learning to identify their strengths and challenges, they are better able to participate in developing meaningful interventions and future plans, including playing an effective role in their own IEP meetings. With the help of a trusted adult, the child completes a series of exercises related to learning style, sensory issues, emotions, relationships and more, culminating in a written plan for each major area of his or her life that will serve as a constant guide and reinforcement. **B194**
- DVD Video **Asperger Syndrome: Transition to College and Work.** Produced by Coulter Video (2001). This program includes techniques to help high school students understand their role in the transition process, obtain special education services at the college level, learn to be self advocates, and focus on finding a career field which uses their interests and talents. The conclusion includes steps students should take during each year of high school. **DVD31**
- Book **Everybody is Different: A Book for Young People who have Brothers or Sisters with Autism.** Fiona Bleach (2002). This book is specially designed to give answers to the many questions of brothers and sisters of young people on the autistic spectrum. As well as explaining the characteristics of autism, it is full of helpful suggestions for making family life more comfortable for everyone concerned. **B158**
- Book **How Rude! The Teenagers’ Guide to Good Manners, Proper Behavior, and Not Grossing People Out.** Alex Packer (1997). This volume not only uses humor to make the subject of manners palatable, but also makes good sense in terms of most young people’s everyday lives. Whether the topic is rude noises, table manners, or squabbles over the TV remote, Packer has a word or two to say, managing to get the point across without scolding or haranguing. **B151**
- Book **The How Rude Handbook of Friendship and Dating Manners for Teens.** Alex Packer (2004). Teens learn the basics of polite behavior with friends and more-than-friends—and laugh out loud while learning. **B150**
- Book **Personal Hygiene: What’s that Got to Do with Me?** Pat Crissey (2005). Developed for young people aged 8-14, this curriculum is designed to help them understand the social implications of neglecting personal hygiene. Quizzes and activity pages provide numerous opportunities for repetition and reinforcement of what to do to establish good personal hygiene. **B116**

- Book **Preparing for Life: The Complete Guide for Transitioning to Adulthood for those with Autism and Asperger’s Syndrome.** Dr. Jed Baker (2003). This easy-to-follow resource provides a complete toolbox of social skills and the means to attain them so that students may approach their futures with excitement rather than anxiety. Baker tackles a wide variety of issues faced by individuals across the spectrum, such as perspective-taking, nonverbal communication skills, conversational skills, and stress management. He explains the laws and services that provide assistance, offers a multitude of options and resources, and encourages an emphasis on the students’ assets as tools for meeting social goals. **B118**
- Book **Rules.** Cynthia Lord (2006). A story told by twelve-year-old Catherine, whose brother David has autism. She has spent years trying to teach David the rules from “a peach is not a funny-looking apple” to “keep your pants on in public” in order to curb David’s embarrassing behaviors. This is a story filled with humor and warmth, and a sensitive look at feeling different and finding acceptance—beyond the rules. (3 copies) **B193, B273, B274**
- Book **The Sibling Slam Book: What it’s Really Like to Have a Brother or Sister with Special Needs.** Don Meyer and David Gallagher (2005). Ever wonder if there are other siblings out there like you—teens who know exactly what it’s like to have a brother or sister with a disability? Well, here’s a chance to hear from some siblings who really know and are willing to give you an honest look at their own lives and experiences. This book asks more than 50 different questions about life with your sibling with special needs. More than 80 siblings from around the world contributed to the book, and their answers are funny, smart, and opinionated. **B156**
- Book **Taking Care of Myself: A Healthy Hygiene, Puberty and Personal Curriculum for Young People with Autism.** Mary Wrobel (2003). Unlike the curriculum presented to most neurotypical students, this book was specifically designed to address the health and safety needs of students age five and up with ASD. Through a unique combination of social stories and easy-to-understand activities, *Taking Care of Myself* will reduce fear and confusion surrounding issues of health, hygiene, puberty, and more. Whether you’re concerned about abuse or just want bath time and doctor’s visits to be a more pleasant experience, this book is a must-read for those who love and guide students with disabilities. **B117**

Biographical & Autobiographical Materials

- DVD Video **Autism and Me: Rory Hoy.** Rory Hoy (2006). Only people with autism truly know what it’s like to be autistic—and even then, every autistic individual is unique. *Autism and Me* provides a privileged glimpse into the world of Rory Hoy, an 18-year-old filmmaker with autism, letting us take a journey through his everyday experience and see through his eyes. **DVD17**

- Book **Born on a Blue Day: inside the Extraordinary Mind of an Autistic Savant.** Daniel Tammet (2007). *Born on a Blue Day* is a triumphant and uplifting story, starting from early childhood, when Daniel was incapable of making friends and prone to tantrums, to young adulthood, when he learned how to control himself and to live independently. He fell in love, experienced a religious conversion to Christianity, and most recently, emerged as a celebrity. **B143**
- DVD Video **The Boy Inside: A Family's Journey into Asperger Syndrome.** Directed and produced by Marianne Kaplan (2004). A rare portrait of high-functioning autism, this film documents a young boy's struggle with Asperger Syndrome. Adam and his family share their everyday challenges and triumphs to provide unparalleled insights into this increasingly common disorder. Award winning documentary. **DVD18**
- Book **Breaking Through Hidden Barriers.** Nick Dubin (2005). Dubin chronicles his life, the difficulties he has faced with communication and intimacy, and how his recent diagnosis of Asperger's Syndrome has helped him understand himself and his struggles. **B276**
- Book **Emergence: Labeled Autistic—A True Story.** Temple Grandin and Margaret Scariano (2005). Grandin tells the story of how she went from a fear-gripped, autistic childhood to become a successful professional who is renowned in her field. This book gives insight into the tragedy of autism—and the vast potential of the human spirit. **B219**
- DVD Video **Define Me.** Sondra Williams (2004). This DVD contains a presentation by Sondra Williams, an autistic individual who is also a wife, mother, advocate, author, poet, and classroom aide. She talks about how autism does not have to define an individual's life. Also included is an interview with Laurel Hoekman, Executive Director of The Gray Center for Social Learning and Understanding. **DVD37**
- Book **The Hidden Child: Youth with Autism.** Sherry Bonnice (2008). This is a story about Livie and her brother Tucker, who has autism. The book also provides information about autism, its symptoms, and where to turn for further help with autism-related issues. **B147**
- Book **Look Me In the Eye: My life with Asperger's.** John Elder Robinson (2007). This is a story of Robinson's journey from his world into ours, and his new life as a husband, father, and successful small business owner repairing high-end automobiles. It's a strange, sly, indelible account—sometimes alien, yet always deeply human. **B174**
- Book **The Ride Together: A Brother and Sister's Memoir of Autism in the Family.** Paul Karasik and Judy Karasik (2003). This is an extraordinary family memoir told in alternating chapters of comics and text. With a narrative that stretches over nearly fifty years, Paul and Judy Karasik unite to relate the story of their family, their brother David, and the history of their relationship with him. In doing so, each comes to understand the responsibility David represents and the meaning his life gives theirs. **B318**

- DVD Video **Today's Man.** Lizzie Gottlieb (2006). A sister's search to understand her brother's strange and extraordinary life, *Today's Man* tells the story of Nicky Gottlieb, who has grown from a genius child into a young man who doesn't quite fit in the world. At age 21, Nicky is diagnosed with Asperger Syndrome. The film follows Nicky as he struggles to leave the safety of his family's home and find his place in the world. It is both a personal family drama and a deep exploration of a fascinating, perplexing disorder. **DVD58**
- Book **Unstrange Minds: Remapping the World of Autism.** Roy Richard Grinker (2008). This book is written by the father of a daughter with autism. Driven by the 1994 autism diagnosis his daughter received, Grinker endeavors to collect the myriad scientific, historical and cultural components of autism into an accessible primer. The book is divided into two parts—academic and anecdotal—throughout which the author illustrates his daughter's development and how his family has coped and developed alongside her. **B142**

Learning / Teaching Aids

- Software **Autism and PDD: Concept Development.** Pam Britton Reese and Nena Challenner (2006). This interactive software is recommended for children ages 3-8. It presents visual and auditory information on everyday concepts in the categories of animals, food, toys and entertainment, clothing, household items, and transportation. The learner then demonstrates mastery of the concept by answering questions. **LA120**
- Software **Autism & PDD Interactive Software.** Beth Respass (2005). These interactive software programs are recommended for children ages 3-7. They allow students with limited language skills to work independently on the concepts. The animation and sound effects hold their interest while the simple stimulus-response structure encourages self-monitoring. The spoken word along with the text helps develop reading skills. Choosing the correct response among those given reinforces the skill of responding to multiple-choice questions.
1. Associations (**LA125**)
 2. Basic Questions (**LA123**)
 3. Categories (**LA124**)
 4. Comparatives & Superlatives (**LA126**)
 5. Concepts (**LA129**)
 6. Opposites (**LA128**)
 7. Yes/No Questions (**LA127**)
- Workbook **Beyond the Blues: A Workbook For Teens Who Are Depressed.** Lisa Schab. (2006). The exercises in this workbook are designed to supplement professional treatment for teens who are depressed, whether their feelings of depression are mild or intense, long-term or temporary, inherited or situational. By working through these activities, readers learn techniques that can help them manage depression and feel positive once more. (2 copies) **B230, B231**

- Software **Boardmaker Software.** Produced by Meyer-Johnson (2009). Software for designing visual aids and visual communication systems. Boardmaker has helped more than 500,000 special needs students develop communication, language, literacy and functional skills. Special educators, speech-language pathologists, parents and caregivers have rated Boardmaker the #1 software for creating symbol-based communication and education materials. *NOTE: This software is available only for use on our public computer in our facility. It is not available to take off-site.*
- Workbook **The Divorce Workbook For Children: Activities to Help Kids Cope with Their Parents' Divorce.** Lisa Schab (2005). The exercises in this workbook are designed to help children identify, understand, and manage the feelings they have around their parents' divorce. They will learn healthy coping skills to care for themselves, understand realistically and practically the changes that divorce brings, and gain confidence in their ability to handle this experience. With guidance and support, children can use these exercises to acquire the skills necessary to help them face and meet the challenge of surviving their parents' divorce. (2 copies) **B228, B229**
- Activity Set **Early Learning Center: Categories.** Produced by Lauri (2006). Recommended for ages 4 and up. This activity set contains 70 picture tiles and 24 double-sided category mats. They can be used in a variety of group or individual activities (instructions included) to help children develop grouping and classification skills. **LA101**
- Software **Early Social Behavior Books: Volumes I and II.** This software is based on six books from the *Early Social Behavior Books* series. They allow students with limited language skills to work independently on complicated social issues. The software's animation and sound effects hold their interest while the simple stimulus-response structure encourages self-monitoring. The spoken word along with the text helps develop reading skills. Students gain valuable practice responding to yes/no and multiple-choice questions that assess each child's basic comprehension of the information presented and application of the target behavior. **LA121, LA122**
- Card Set **Fun Deck: Metaphors and Similes.** Produced by Super Duper Publications (2004). Recommended for 2nd- 5th grade. Teach children about figurative language such as "life can be a rollercoaster ride" and "cute as a button" with this entertaining card deck. Students pick the correct meaning of each figure of speech from three choices. Set contains 56 cards as well as activity ideas. **LA109**
- Card Set **Fun Deck: Photo Feelings.** Produced by Super Duper Publications (2000). Appropriate for all ages. This feeling-filled, multicultural deck contains high quality photographs of children, young people, and adults displaying seven basic emotions. Game ideas included. **LA111**

- Activity Set **Fun with Shape Shuffle.** Produced by The Learning Journey (date unknown). Recommended for ages 3 and up. The purpose of this activity set to teach mathematics, build fine motor skills, and develop problem solving skills with fun patterns and puzzles. Includes 88 shape pieces and 34 double-sided design cards. **LA132**
- Workbook **I Bet...I Won't Fret! A Workbook That Helps Kids Beat The Worries.** Timothy Sisemore (2004). The activities in this workbook will help children practice the emotional and behavioral skills that can help them overcome their anxious thoughts and feelings. The book encourages children to imagine how their life would be if they weren't nervous or worried. Once you beat the worries, you'll get to enjoy the good feelings for a really long time... like the rest of your life. (3 copies) **B238, B239, B240**
- Card Set **Know the Code at School: Social Skills Card Games.** Produced by Attainment Company, Inc. (2003). These oversized cards depict photographs of activities and situations in a school setting, with descriptions of appropriate behavior and discussion questions. Instruction booklet containing activity ideas included. **LA102**
- Card Set **LDA Language Cards: Social Sequences—At School.** Produced by LDA (date unknown). Recommended for children age 4 and up. This set of 48 cards depicts photographed school activities that teach students sequencing and language skills. Instructions included. **LA106**
- Activity Set **Magnetic Mighty Mind.** Produced by Leisure Learning (date unknown). Children can combine the magnetic geometric shapes on the provided cards to create figures, animals and objects. Aids in the development of problem-solving skills, spatial relationships, and eye-hand coordination. Recommended for children ages 3 to 8. **LA105**
- Workbook **Managing Tourette Syndrome: A Workbook For Kids with Tic Disorders.** Sandra Buffolano (2006). This workbook is designed to help manage Tourette Syndrome and other tic disorders in family and school settings. It will also help children, professionals, and parents understand related disorders, like ADHD and OCD. Forty counseling activities progress from basic knowledge to application, with a special emphasis on self-awareness. (2 copies) **B234, B235**
- Software **Mind Reading: The Interactive Guide to Emotions.** Produced by University of Cambridge (2007). *Mind Reading* is for everyone interested in emotions. It has been designed with awareness of the needs of children and adults who want to improve their ability to recognize emotions in others. It is also an invaluable resource for parents, teachers, those involved in social skills training, people on the autistic spectrum, and people working in the dramatic arts. **DVD14**
- Workbook **My Feeling Better Workbook: Activities That Help Kids Beat the Blues.** Sarah Hamil (2004). The activities in this workbook help kids learn proven techniques to beat the blues, and focus them on new ways to think about themselves and others. The book is designed to be a part of a counseling program that can help children learn to develop a more positive and optimistic view of life. (2 copies) **B232, B233**

- Workbook **My Lifebook Journal: A Workbook That Helps Kids Adjust to Foster Care.** Therese Accinelli (2004). This book is designed to help children have a better understanding about themselves, their families, and how they can adjust to life's inevitable challenges. By writing down and exploring their thoughts and feelings, children can develop a more positive attitude towards themselves and others. **B236**
- Software **No-Glamour: Social Language/Behavior.** Carolyn LoGiudice, Nancy McConnell, and Margaret Warner (2005). This interactive software is recommended for use with children ages 5-11. It provides activities that help children learn appropriate behavior in areas such as eating, getting along, conversations, emotions, self control, solving problems, and more. **LA116**
- Software **Picture Stories and Language Activities.** Patricia Snair Koski (2005). This interactive software is recommended for children ages 3-8. It contains 40 stories in five different themes: Spring, Summer, Fall, Winter, and animals. Each story is accompanied by five activities that the learner completes to demonstrate mastery of the content. **LA117**
- Software **Picture Stories & Language Activities: Social Skills.** Patricia Snair Koski (2009). This interactive software is recommended for children ages 3-8. It contains 40 stories from the themes of home, school, community, friends, and family. Each story is accompanied by three activities that the learner completes to demonstrate mastery of the content. **LA119**
- Activity Set **Positions Game.** Produced by Smethport Specialty Co. (2000). Recommended for ages 3 and up. Up to 4 players. This is a matching game for pre-readers, and is intended to help children learn prepositions such as beside, under, behind, etc. **LA103**
- Activity Kit **Ready to Add.** Produced by Ready 2 Learn (2005). This is a visual and interactive set of activities designed to teach students adding, and should be used after students have mastered *Ready to Count*. The kit contains tasks that allow for various levels of difficulty as well as modification by the teacher to ensure success for each individual student. The end goal is for the student to complete the tasks independently. (2 copies) **LA135, LA138**
- Activity Kit **Ready to Count.** Produced by Ready 2 Learn (2005). This is a visual and interactive set of activities designed to teach students counting. The kit contains tasks that allow for various levels of difficulty as well as modification by the teacher to ensure success for each individual student. The end goal is for the student to complete the tasks independently. (2 copies) **LA138, LA139**
- Activity Kit **Ready to Group.** Produced by Ready 2 Learn (2005). This is a visual and interactive set of activities designed to teach students grouping, and should be used after students have mastered *Ready to Count*. The kit contains tasks that allow for various levels of difficulty as well as modification by the teacher to ensure success for each individual student. The end goal is for the student to complete the tasks independently. (2 copies) **LA140, LA141**

- Activity Kit **Ready to Teach Reading: I Like, I See, I Eat.** Produced by Ready 2 Learn (2005). This step-by-step set of activities are a starting point to teaching reading skills. The kit contains tasks that allow for various levels of difficulty as well as modification by the teacher to ensure success for each individual student. The end goal is for the student to complete the tasks independently. (2 copies) **LA136, LA137**
- Object **Shape Sorting Clock.** Produced by Melissa & Doug (date unknown). Recommended for ages 3 and up. This wooden clock puzzle has working hands and twelve self-correcting shapes to help children learn how to tell time. **LA133**
- Card Set **Uno Card Game.** Produced by Mattel (date unknown). Contains one set of the card game Uno. Recommended for ages 7 and up. Intended for 2-10 players. **LA131**
- Card Set **Webber Photo Cards: What are they Thinking?** Produced by Super Duper Publications (2005). This deck contains 60 cards of photographed activities. They can be used in various ways to improve reasoning, inferencing, speaking, and writing skills. Activity ideas included. **LA110**
- Book **What Did You Say? What Do You Mean? An Illustrated Guide to Understanding Metaphors.** Jude Welton (2004). In this visual workbook, Welton looks at 100 of the most common figures of speech, such as “don’t rock the boat” and “you’re pulling my leg.” Each figure of speech is accompanied by an illustration showing its literal meaning, which will help AS children recognize and learn to enjoy metaphors and figurative language. The book can be used by parents one-to-one with their child, or teachers can it as the basis for classroom work on figurative language. **B149**
- Object **Wooden Lacing Shoe.** Produced by Melissa & Doug (date unknown). Recommended for ages 3 and up. This wooden shoe-shaped puzzle includes lacing holes and a shoe lace to help children learn how to lace and tie their shoes. **LA112**
- Object **Big Yacker Tracker** (traffic light timer). Produced by AGI (date unknown). An adjustable sound-activated noise monitor that is perfect for K-12 classrooms, speech pathologists, training activities, and more. Includes adjustable sound level meter, lights, sirens, and can either be placed on wall or self-standing. **LA130**