

The Autism Program at CTF ILLINOIS

February 2014 VOL 2, ISSUE 2



IN THIS ISSUE

Activities & Events
Page 2

ECI Autism ConnectPage 3

Other Activities of Interest Page 4



TAP at CTF ILLINOIS

www.ctfillinois.org/tap

TAP AT CTF ILLINOIS STAFF

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Cheryl Sowers Family Resource Coordinator

Cathy Testory YAC/Teen Connect Coordinator

Josh Pulliam YAC/Teen Connect Group Leader Did you know...

Brothers and sisters have the longest-lasting relationship with a sibling. This relationship can easily exceed 65 years. During their lives, siblings of a brother or sister with a disability will experience much of the unique concerns and joys as their parents, but few siblings ever have a chance to talk about their issues with others who really "get it." Sibshops provide this opportunity.

Sibshops are a safe environment where siblings gather to have fun and share some of their unique experiences. Sibshops are not therapy, but may very well be therapeutic for many.

Saturday, January 25, 2014 we celebrated those wonderful contributions made by siblings. Just look at all the fun these sibs were having! If you missed Sibshop, don't fret. Sibshop will be coming to the Olney area soon. Watch your inbox for details.







TAP & SIU School of Medicine—Telehealth with Dr. Bennett Leventhal—8:30—9:30 a.m.

February 6—Case Consultation (professionals only: not available in Effingham)

February 13—Broader Autism Phenotype

February 27—Case Consultation-Follow-up (professional only; not available in Effingham)

Telehealth is open to parents & providers unless stated otherwise at the following locations:

The Autism Program at CTF ILLINOIS—6081 Development Drive, Charleston

Helen Matthes Library—100 East Market Avenue, Effingham

CTF ILLINOIS—511 East Main, Olney

To register email cherylsowers@ctfillinois.org
or call 217.348.3869 x 206.

TAP Activities & Events





February 13—Play Group —The Autism Program—6081 Development Drive, Charleston—1:00 p.m.—2:00 p.m. Play group meets the second Thursday of each month, for children ages 2-5. Most of the play session is structured play activities that promote positive interactions amongst the children. To register and for more information contact Cheryl at cherylsowers@ctfillinois.org or 217.348.3869 x 206.





February 14—Adult Social—Lunch at What's Cookin'— 409 7th Street, Charleston—11:00 a.m. This group is for adults with Autism Spectrum Disorder ages 18 and older. We will use this opportunity to practice social etiquette while enjoying a meal and time with others. Each person is responsible for his/her cost of meal, tip, and transportation to and from the restaurant. Please RSVP to: cherylsowers@ctfillinois.org or call Cheryl at 217.348.3869 x206.



Teen Connect of Champaign

February 1—Ice Skating at U of I Skating Arena—406 Armory Avenue, Champaign. Drop of is at 1:30 p.m. at the ice arena and pick up time is 3:30 p.m. at the ice arena. We will have lunch at the arena. Sandwiches and snacks are available to purchase. Please budget accordingly! Cost is \$5 to skate and \$2 for skate rental.





February 8—Lunch at Buffalo Wild Wings and Movies at Savoy 16—11:30 a.m.—1:00 p.m.—Movie has yet to be determined. Cathy will send members choices to be voted upon. After lunch, weather permitting we will walk to Savoy 16. Pick-up time will be announced after movie is chosen.

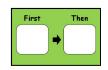


February 22—Lunch at Olive Garden—30 East Anthony Drive, Champaign—11:00 a.m.—12:30 p.m. We will walk to Barnes and Noble Book Store—51 East Market View Drive. We will be there from 12:45 p.m.—2:00 p.m. Drop-off time will be at 11:00 a.m. at Olive Garden. Pick-up time will be 2:00 p.m. at Barnes and Noble.



For more information about YAC or Teen Connect events contact Cathy Testory at cathytestory@ctfillinois.org or 217.722.4482. Please note that you must be a registered member to attend YAC or Teen Connect Socials. If you are not a registered member, but would like to attend the events, please email Cathy to make arrangements to fill out the application and pay the member fee of \$25.





March 3—Day Care Training (for childcare providers)—Casey Senior Social Center—114 South Central, Casey, IL—6:00 p.m.—8:00 p.m. Childcare providers may be the first professional to notice unusual patterns of development among the children they serve. This early identification and intervention is the key to a more positive prognosis for individuals with ASD. Daycare providers are in a unique position to refer "at risk" children for further assessment. Topics covered will include: communicative deficits, sensory challenges, social impairment, and behavioral issues. Visual supports will be provided free of charge to attendees. Training is free. Register is required at: http://daycaretraining.eventbrite.com



ECI Autism Connect



February 2, 10, 17, 24—New Program at Bright Minds—6:00 p.m. 7:30 p.m.— 7704 Deerpath Road, Charleston, IL—Grades 1-6. This program is for individual who do not attend Carl Sandburg or Jefferson schools. The program provides four fun sessions exploring art, science, teamwork, and seasons. Cost is \$25 per semester.

February 17—March 10—New Program at Bright Minds—3:15 p.m.—4:30 p.m.—Grades 1st-3rd and 4:00—5:30 p.m. for grades 4th-6th. Contact Vivian Skelley at 217.508.7171 or visit: www.embracingautism.org for more information. During each session children will explore different subjects such as art, science,

 $teamwork, and \ seasons — Sessions \ meet \ Monday — Friday.$

Session 1: Create: January 27—February 10

Session 2: Discover: February 17—March 3

Session 3: Join-In: March 17—31

Session 4: Spring Into Spring: April 1—15



February 5—IATTAP—Webinar—Building Parent/Professional Partnerships—6:00 p.m.—7:30 p.m. The partnership between parent and professional is vey important. Learn strategies for building this connection for a successful partnership. This training is for all ages. To register: https://www.signup4.net/Public/ap.aspx?EID=IATT12E Check out IATTAP on Facebook!



February 23—The Aggie Club Meeting—Coyote Cabins Retreat—1:00 p.m.—2:00 p.m.—1296 E Co Rd 1000 N, Sullivan IL

The first meeting and planning was great! Goat petting and visits with Hammy and Wilbur, the potbelly pigs were very entertaining. It's not too late to register. Please contact Julia Boyd at jboyd@consolidated.net or 217.273.4793 Join Fee: \$12. Each session fee \$10. Meets monthly—February, March, April, May.



Save the Dates—YMCA—Auti Open House/Open Swim

221 N 16th Street Mattoon, IL

April 11—4:30—6:30 p.m.

April 25—4:30—6:30 p.m.

This is a free event!



Session 1: May 30—June 27—5:00—5:45 p.m.

Session 2: July 11—August 8—5:00—5:45 p.m.

Cost is \$20 for members—\$40 for non-members

For more information contact Jill Rohr at <u>jrohr@mattoonymca.org</u> or 217.234.9494 x230.



If you would like to see your autism-related event published in our newsletter on this page, please submit event information no later than the 25th of each month in order to go into the following month's newsletter to cherylsowers@ctfillinois.org











Other Activities of Interest



Every Tuesday—Story Time—Helen Matthes Library—100 East Market Avenue, Effingham—Ages 0-5 years—10:00 a.m.—Stories, songs, and lots of fun! No registration required.

February 3—Crafternoon—Helen Matthes Library—ages 8 and up—4:00 **p.m.** Make hanging yarn hearts for Valentine's Day. Register at: www.effinghamlibrary.org or call 217.342.2464.

February 3—Family Movie Night—Helen Matthes Library—6:00 p.m.—All ages welcome. Showing Cloudy with a Chance of Meatballs 2. Free popcorn. No registration required.

February 6—Arctic Drift Pushing the Limits Book/Science Discussion—Helen Matthes Library—6:00 p.m. Join Mr. Science Teacher, Matthew Poston and Adult Service Manger, Johnna Schultz for a discussion of Clive Cussler's book *The book Arctic* Drift. Register at: www.effinghamlibrary.org



February 15—Sensory Friendly Movie—Mattoon AMC Theatre—10:00 **a.m.** The Lego Movie. Ticket can be purchased on the day of the screening for \$5. Movie dates are subject to change. To verify showing of movie, dates, and time please visit: www.amctheatres.com/SFF/



February 6—Illinois Early Learning and Development Standards, STARNET featuring Sue Novak—Effingham, IL.

February 9—Early Childhood Outcomes, featuring Kathy Nehrt—Belleveille, IL.

February 20—Early Childhood Outcomes, featuring Kathy Nehrt—Carterville, IL.

February 21—Early Communication & Behavior Supports for Children with Autism Spectrum Disorder, featuring Nel Daymon—Mt. Vernon, IL.

March 14 & 15—Piecing It All Together: How Children's Mental Health & Mental Illness Affect Home, School & Community—Edwardsville, IL. For more information visit: http://roe.stclair.k12.il.us/starnet/userfiles/pdf/NAMImarch14.pdf

Webinars

February 13—But They Won't Choose that Center: Embedding Literacy Learning in All Centers, featuring Denise Henry.

February 13 & February 27—Encouraging Children to Talk: Building Communication through Structured and Unstructured Oral Language Experiences.

February 25—Promoting Social/Emotional Development featuring Anna Owen. Register for Starnet webinars at:

http://roe.stclair.k12.il.us/starnet/content.php?q=Webinars



February 27—Temple Grandin, Ph.D.—Different Kinds of Minds— 7:30 p.m.—SIUE, Morris University Center, (Meridian Ballroom), **Edwardsville.** Dr. Temple Grandin will discuss the unique ways the mind of an individual with autism works and how this distinct type of thinking is essential and beneficial to society. Purchase tickets at: www.artsandissues.com











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