



**LIVE. WORK. ADVOCATE.**

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**CTF ILLINOIS**

Empowering the lives of individuals with  
developmental and intellectual disabilities



# Our Mission.

**CTF ILLINOIS** is a not-for-profit organization dedicated to empowering individuals with developmental and intellectual disabilities through services and programs that help them reach their potential in an environment that fosters respect, dignity, and success for each individual.

# Our Story.

Since our inception in 2000, we have continued to expand our programs and services across the State. We started as Charleston Transitional Facility, but now we're known as CTF ILLINOIS and have locations in the counties of Champaign, Coles, Cook, Lawrence, Logan, Richland and Will.

Even though our organization has grown, we have not lost sight of our mission. We are charged to empower the individuals we serve to reach their full potential. Our tag line of "Live. Work. Advocate." captures the essence of what we do and how we continually strive to provide creative, innovative and successful programs and services.

We measure our success solely on the progress our individuals make towards living a life of personal choice and independence. This goal is shared by our dedicated staff, caring volunteers, guardians, board members and generous donors.

CTF ILLINOIS... LIVE. WORK. ADVOCATE.



# Who We Are. What We Do.

**LIVE. WORK. ADVOCATE.** These three words describe what we do on a daily basis. It's the goal of our organization and our employees to develop, support and improve the programs and services offered to the individuals we serve.

## **LIVE.**

CTF ILLINOIS believes that adults with developmental and intellectual disabilities deserve equal opportunity in the communities where they live. To help achieve this, we provide natural home environments that are fully integrated into the community. These include Community Integrated Living Arrangements (CILAs), Intermittent CILAs and Home-Based Programs throughout the State of Illinois from Chicago's South Suburbs to Southern Illinois.

## **WORK.**

We provide work services to over 300 individuals with developmental and intellectual disabilities in the communities of Homewood, Charleston and Olney. Each individual's path to work is based upon their choice, goals, and abilities. Services are provided in community and customized employment, vocational, day training and senior programs.

## **ADVOCATE.**

CTF ILLINOIS strives to prepare individuals for a path of greater independence. We do this by encouraging them to speak on their own behalf, to participate in self-advocacy groups and activities, and to engage them as an active citizen of their community. Our Case Managers also advocate on the individuals' behalf by linking them to various resources and programs to insure their personal goals are achieved.

Another way we advocate for our individuals is through The Autism Program (TAP) of Illinois. As the largest, comprehensive statewide program in the country dedicated to improving the lives of individuals with Autism Spectrum Disorder (ASD), CTF ILLINOIS is one of eight service centers that provides a variety of resources, training and customized services.

# LIVE.

## **RESIDENTIAL PROGRAMS**

### **Community Integrated Living Arrangement (CILA)**

CTF ILLINOIS' CILA homes are just that... HOME. CTF ILLINOIS operates 28 community homes and serves over 200 people residentially. Each of our homes is adapted and personalized to meet each individuals' style, as well as their physical and emotional needs. We implement a person-centered planning approach by which services are based upon the choices and needs of the individual. Our trained staff teach and guide the individuals to be as independent as possible by learning new skills in self-care, cooking, cleaning and money management. Individuals become active citizens by participating in the fun activities and events their community has to offer.

### **Intermittent CILA**

Through person-centered planning, CTF ILLINOIS gets to know each individual and learn their dreams, desires and needs. Often the dream is to have their own home. Individuals who qualify can live on their own and receive support services from CTF ILLINOIS through the Intermittent CILA Program. Through this program, adults live independently in a home or apartment, sometimes with one or more roommates. Services provided to these individuals are customized and our experienced staff provide training and assistance as needed with all aspects of living independently.

### **Home-Based Services**

For children and young adults who live at home with their families, CTF ILLINOIS offers Home-Based services and supports. A Case Manager will meet, inform, and educate the individual and their family on the various resources available. Services can include in-home support, day training or employment services, therapy services and assistance with obtaining adaptive equipment and accessibility modifications.





# WORK.

## **COMMUNITY EMPLOYMENT**

For many of us, being a member of our community means having a job and earning an income; people with disabilities are no exception. CTF ILLINOIS provides individuals with on-site training, supervision and customized support from a job coach to be successful in a job in their community. Individuals perform clerical, dish washing, housekeeping and lawn care at local businesses. Each individual is empowered to reach their full work potential while also insuring job success.

## **CUSTOMIZED EMPLOYMENT**

This is a new and exciting employment model for CTF ILLINOIS. Every individual has something they are passionate about. We take this passion and develop it into a work opportunity. Individuals are now able to choose a working environment that suits them best. They spend their days engaged in work they love while earning an income.

**CTF ILLINOIS' 9 Muses Art Studio and Gallery** is great example of our customized employment. Individuals learn the principles and elements of art on a daily basis, and then create, sell and earn income from the artwork they produce. They showcase their art at the 9 Muses Art Gallery as well as at various events in the community. The Gallery is located at 702 Jackson Ave. in Charleston, IL and is typically open Monday thru Friday from 9 a.m. to 3 p.m.

**CTF ILLINOIS' Advocacy Center** is another opportunity for customized employment. This new program offers individuals the ability to provide leadership, training and advocacy for other individuals with intellectual and development disabilities while raising their voices as advocates in their communities, region and state. Individuals coordinate advocacy efforts through established partners while also creating and utilizing their own resources for research, information sharing, workshops, training and outreach. Individuals learn to use a variety of tools in their advocacy efforts such as social technology, newsletters, letter writing, videos, photos, radio and podcasts. The Advocacy Center is a place where individuals learn and use their voice to raise awareness on the issues of individuals with disabilities.





# WORK.

## EMPLOYMENT PARTNERSHIPS

CTF ILLINOIS' employment programs are successful because of the relationship we have built with our business partners. Individuals develop job and social skills to meet the requirements of their work and business owners count on our individuals to deliver a quality product. We appreciate the partnerships we currently have in place and would like to recognize them at this time.

- Highway 2
- XENIA MFG, INC.
- Herff Jones
- HI-TECH Fastener

## VOCATIONAL PROGRAM

We provide a variety of work opportunities in a supportive environment. Our programs focus on increasing independence while providing continual job and social skills training. Individuals earn income by working in a variety of vocational endeavors. CTF ILLINOIS' Dog Gone Goodies is an excellent example of this opportunity. Individuals learn vocational skills and income from the baking, producing, packaging and selling of the treats.

## DAY TRAINING

CTF ILLINOIS Day Training services are weekday programs that provide a structured learning environment for individuals with developmental and intellectual disabilities. The focus of our program is for individuals to learn new skills based on their abilities and interests while having fun. Skill development occurs in the classroom as well as in the community and includes sensory enhancement, independent living, communication, vocational, academic, recreation and leisure, wellness and social skills.

## SENIOR PROGRAM

CTF ILLINOIS provides support and services for individuals who are ready to retire from a work setting due to age, health or personal choice. The Senior Program places an emphasis on recreation and leisure activities while assisting individuals with the development and maintenance of daily living and social skills. Our Seniors like to have fun and are very active in their communities.





# ADVOCATE.

CTF ILLINOIS' goal is to advocate and provide opportunities for our individuals to be active citizens, respected in the community that they live in, and prepare them for the many choices they will have in life. Whether it is one of our Case Managers speaking on one of our individuals' behalf in acquiring medical, therapeutic, social and educational services OR if it is encouraging our individuals to speak up for themselves, we continually encourage, teach and prepare them for a path of greater independence.

## **Case Management**

The case manager will get to know the individual to learn their dreams, determine what is important to them and identify what supports the individual has, wants or needs. We'll assist the individual in developing a person-centered plan while coordinating and monitoring their life goals, medical care, behavioral and therapy needs. This consultative approach allows the case manager to link individuals to various resources and programs to insure their goals are achieved.

## **Participation in Advocacy Groups**

The CTF Tigers are members of the The Illinois Self-Advocacy Alliance . This group meets and provides an opportunity for individuals to have a voice in decisions, programs and activities. Individuals also advocate on a local, state and national level by participating in conferences, forums and summits.

## **Autism Program**

A great advocacy resource is The Autism Program (TAP) at CTF ILLINOIS. TAP offers programs and services for families affected by Autism Spectrum Disorder (ASD). Programs and services include early intervention, screening, diagnostics, consultation services, training opportunities, social skill and play groups and also a community resource room and lending library. TAP is dedicated to improving the lives of individuals with ASD and their families by providing the tools, information and activities they need.







# Ways to Give.

Your charitable giving helps provide services and opportunities for our individuals that otherwise might not be possible. However you choose to give, you can be assured that your generosity will help to secure the future of the individuals CTF ILLINOIS serves as an organization.

There are many ways to support our programs and services: Financially. In-Kind Donations. Volunteering. Advocacy. For more information on ways to give, please visit our website at [www.ctfillinois.org](http://www.ctfillinois.org).



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