

SCHOOL'S OUT:

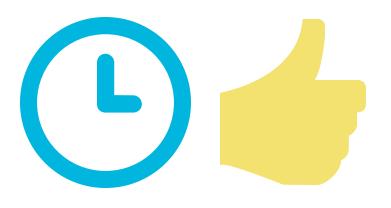


How to help young adults with developmental disabilities transition from school to the workforce

More young adults with disabilities than ever are pursuing employment, but they remain 3 times less likely than their peers to secure full-time jobs after graduation. With the right resources and preparation, though, they can not only find that first job, but blossom in fulfilling careers. Below are some research-backed ways to support the young adults in your life:

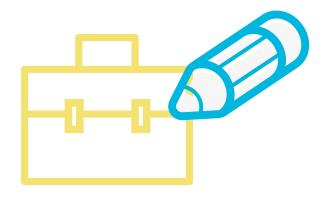
CHART A COURSE

Research your state's resources for people with disabilities, including supported employment, grants, and internship programs tailored to students with developmental disabilities.



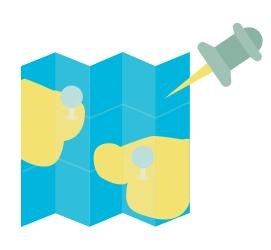
CONNECT INTERESTS TO CAREER

Young adults with disabilities are more likely to experience anxiety or discrimination on the job. If they feel enthusiastic about their work, they'll be more resilient through the tough times.



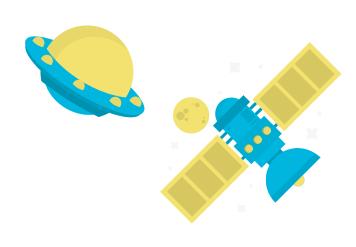
ADVOCATE FOR WORKPLACE DIVERSITY

Employees with disabilities enhance both productivity and culture, but mangers may still hesitate to hire them. So advocate for them---with studies showing that diverse workplaces really do work for everyone.



FOSTER SOFT SKILLS

Discuss proper workplace etiquette and help them build soft skills vital for professional settings, like time management and conflict resolution.



SIMULATE WORK EXPERIENCES

After completing a federal internship program for students with disabilities, participants were 3 times more likely to secure competitive employment.

