



Make A Match



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A Message from the Executive Director

Happy belated New Year and welcome, springtime! I hope 2018 finds you well so far. I want to take a moment to thank you for reading this edition of the Foundation Focus. This newsletter provides a broad overview of who we are and what we do. It is designed to give families and stakeholders an outline of our supports with a collection of stories we hope gives you a glimpse of the full picture. What this newsletter does not always give you are the details of the behind-the-scenes efforts that create these moments. I ask that as you read through the articles, please read between the lines to recognize the efforts that are put forth to create these lasting memories. Allow me to give an example of what I mean. On the next page, you'll find a short excerpt about a recent trip some individuals we support took to Wisconsin Dells, funded by contributions received from the Make A Match Campaign. Here are some of the behind-the-scenes details, not explicitly stated, but just as important to the story:

- The work that went into implementing a successful Make A Match Campaign, involving coordination from Foundation and member agency staff, a four-month project based on direct mailing, Social Media campaigns, and Board ask
- The hours it took the Regional Network Director and Community Living Director to simply plan the vacation, including selecting a resort, choosing points of interest, coordinating meals, ensuring handicap accessibility, and more
- The collaboration of the nursing staff and direct care staff to ensure all medications and other health-related issues would be addressed while away from home
- The direct care staff who volunteered to work extended hours for a five-day trip (24/7), taking time away from their own families to help create an unforgettable trip for the gentlemen
- The extra effort staff members put in to make sure everyone looked nice for their dinner, helping them pick out and purchase dress shirts and neckties
- The overall passion and commitment our staff has for the individuals we support

Please know, CSF, CTF, and LSA are truly mission-driven. We strive to do our best in an economic environment that has us in a constant state of being funding-challenged. Despite our funding woes, we do what we can with the strengths and talents of our staff, leadership team, Board of Directors, volunteers, and, most importantly, with our surrounding community of support: you.

Sincerely,

Mary Pat Ambrosino

2017 Make A Match Campaign Success

Community Services Foundation has hosted its annual Make A Match Campaign since 2002 and, every year, we're humbled and honored by the generosity of our supporters. This year, we were especially grateful that The Coleman Foundation selected CTF ILLINOIS to participate in their #ILGIVE Matching Grants Program, which took place on Giving Tuesday, November 28, 2017. Through this partnership, any donation received by CTF ILLINOIS on this date was matched not only by CSF, but partially matched by the Coleman Foundation. Thanks to your contributions, CSF's matching dollars, and the Coleman Foundation's grant, our 2017 campaign was a resounding success: CTF ILLINOIS and LifeStyles Academy received \$61,345.00 to support individuals with diverse disabilities. These contributions have allowed CTF and LSA to enhance programming and utilize funds for consumer trips.

Each year, CSF matches every donation received to member agencies from November 1st through December 31st. Through our tradition of matching contributions, our supporters can see the impact of their gift multiplied. From everyone at CSF and our member agencies, thank you to all who supported individuals with disabilities by donating to our 2017 campaign. We extend a special thanks to those who donated on Giving Tuesday. We look forward to continuing this tradition with another successful campaign for 2018! Again, our deepest gratitude to our 2017 donors:

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Make A Match Trip

Thanks to your contributions, many of the individuals we support are able to take trips and vacations, like visiting Wisconsin Dells in January. The gentlemen at Travers CILA home made a splash at the resort's waterpark, relaxed in the hot tub, went horseback riding, and even had a five-star meal at a local chop house – all thanks to you! This is just one small example of the difference your contributions have already made in the lives of those we support.



Spotlight On Special Events

Community Services Foundation (CSF), CTF ILLINOIS (CTF), and LifeStyles Academy (LSA) are proud to host several fundraising events, all of which benefit individuals with diverse disabilities. Take a look at some of our past and upcoming events.

Cinco de Mile 5K

On May 5, 2018, CSF will host its first annual Cinco de Mile 5K Walk/Run. We hope to hit the ground running with a new tradition that unites our community members and raises funds for people with diverse disabilities. Starting from Breidert Green Park in Frankfort, racers will run or walk 3.1 miles on the tree-lined Old Plank Trail. Once they cross the finish line, participants can celebrate at a post-race party and awards ceremony, where the top three male and female racers will receive prizes. Registration, which includes a race entry and dri-fit T-shirt, costs \$35 for adults and \$10 for children. All proceeds will benefit CTF ILLINOIS and LifeStyles Academy, member agencies that provide services and programs to people with disabilities. To register, mail the enclosed form to CSF or visit our event page at www.csfil.org. For more information about sponsorships or registration, please contact Mandi Williams at (708)429-1260, ext. 1263 or mwilliams@csfil.org.



Jerry Meyer Golf Classic



This summer, CSF is proud to host the 9th Annual Jerry Meyer Golf Classic on June 22, 2018. Named for one of CSF's first donors and lifelong supporters, the golf classic raises funds for CSF's member agencies while continuing the Meyer family's legacy of service. Last year's outing raised more than \$63,000 for people with diverse disabilities, a tradition we're excited to continue at this year's event. On Midlothian Country Club's beautiful, challenging course, golfers can test their skills in games like the Chip-In Challenge and Longest Drive. Besides bragging rights, they'll have the chance to win a car at the Hole-In-One Challenge. After finishing their round, they can unwind at a reception with hors d'oeuvres and an open bar, while competing for silent auction and raffle items.

Events at The Painted Turtle

Since its opening, The Painted Turtle Art Studio has helped individuals with disabilities develop their creativity and earn a profit from their artwork. The studio also regularly participates in local arts and crafts shows and hosts painting events for the community, where guests can create their own masterpieces and shop for artwork by individuals with disabilities. This year's offerings have included a Paint Your Pet Night, as well as several seasonal events: a Christmastime Build Your Own Ugly Sweater night and a Valentine's Day painting night for couples. And on Friday, May 11, 2018, the studio will honor Mother's Day with a Mom and Me Painting Night. Painting a 12x12 canvas together, each pairing will cement their time together with a one-of-a-kind Mother's Day gift. The Painted Turtle is always creating new opportunities for people to paint and shop in service of its talented artists. Check their Facebook page to stay current on all their upcoming events!



SAVE
the dates

*Cinco de
Mile 5K*
**May 5,
2018**

9TH ANNUAL JERRY
MEYER GOLF CLASSIC
**June 22,
2018**

CTF'S Got
Talent
**September
2018**

*Make A Match
Campaign*
**November 1,
2018**

ACT Promotes True Inclusion Through Fundraisers

This year, Advocates Coming Together (ACT), a volunteer group of young professionals, has hosted events that both raise funds for CSF member agencies as well as promote true community inclusion for individuals with disabilities. In November 2017, ACT hosted its first annual talent show, CTF's Got Talent. Under the stage lights, more than 30 adults with disabilities sang, danced, and even performed standup to a roaring crowd of 100. On February 24, 2018, ACT also hosted its 3rd Annual ACT Bowl, which brought community members and individuals with disabilities together for a lovely afternoon of bowling, lunch, raffle baskets, and a silent auction. Thanks to our generous partners, the individuals we serve can participate in these events free of charge. ACT would like to thank its sponsors for facilitating these memorable opportunities for the individuals supported by CSF's agencies, with special thanks to our presenting sponsor, Integrity Trade Services. We're looking forward to even more events in the future!



LifeStyles Academy

Since 2013, LifeStyles Academy has served as a resource for young adults with developmental disabilities as they transition to adulthood. Located in Palos Park, the Academy aims to equip emerging adults with the skills they need to pursue greater independence. Some of their offerings include social and community-based events, a state-of-the-art gym, and a theater. Over the next several months, LSA's leaders will work to strengthen the agency's vocational curriculum and transportation fleet. To achieve this goal, LSA leadership will collaborate with staff from CTF's successful Community Services Department in order to learn about various resources and best practices. LSA works to promote well-rounded development and is always looking to serve more people. If you are interested in learning more about LSA, we encourage you to contact Shinee Norfleet-Brown at (708) 480-2085.



More Alike Than Different

Since its opening, CTF ILLINOIS' Advocacy Center in Charleston has empowered individuals with disabilities to speak up for their legal and human rights through both everyday interactions and political participation. Last fall, self-advocates attended the Speak Up and Speak Out Summit, where they learned how to enforce their workplace protections, manage their government benefits, recognize abuse, and stand up for others. Over the summer, four self-advocates attended a meeting with a representative from the United States Congress, where they asked him about funding for services and accessibility for people with disabilities. The Advocacy Center's staff are also recruiting allies through social media, sharing resources for lobbying, and using the hashtag #morealikethandifferent to highlight the reality that people with disabilities deserve the same rights as all people. We're looking forward to seeing the CTF advocates take even more strides in the future!



MISSION STATEMENT

To develop and create opportunities for individuals with disabilities that will support and inspire independence.



COMMUNITY
SERVICES
FOUNDATION

2017

A Year in Review

to **develop** and **create** opportunities for
individuals with disabilities that will **support**
and **inspire independence**.

MISSION STATEMENT



to **develop**...

In 2017, Community Services Foundation (CSF) **developed** a property management department to oversee the maintenance and repair of member agency facilities and homes. Our property management team ensures each individual we serve lives and works in clean, safe, and functional facilities. Further, the department has relieved CTF ILLINOIS (CTF) of its responsibility for property upkeep, providing more resources for direct service and programming.

and **create** opportunities...

Thanks to a grant from CSF, CTF was able to **create** the ADAPT (Aligning Developmental and Psychological Treatment) program, a behavioral health program tailored to meet the needs of individuals with both a developmental disability and a mental health disorder. Funding for this program has **created** a unique opportunity for people with developmental disabilities to receive proper mental health care.

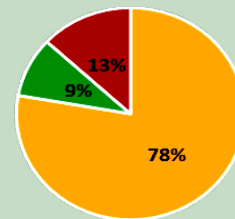
that will **support**...

Over the past year, CSF hosted a variety of special events in order to **support** our member agencies. CSF staff hosted events like the 2nd Annual ACT Bowl, the 8th Annual Jerry Meyer Golf Classic, and CTF's Got Talent, planning and executing all aspects of the events. These outings enable us to raise vital funds through new avenues. More importantly, CSF's fundraisers allow our member agencies to rely on CSF for its primary fundraising **support** and devote its limited staffing resources to direct services.

and **inspire independence**.

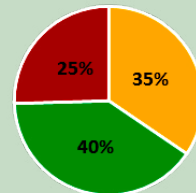
Advocates Coming Together (ACT), CSF's young professionals group, hosts fundraising events that emphasize community inclusion and **inspire independence** for adults with disabilities. Last fall, ACT hosted its first talent show. Not only did the talent show raise funds for member agencies, but it **inspired** greater **independence** for adults with disabilities by involving them in planning committees and encouraging them to perform onstage.

Revenue



■ Program Services ■ Fundraising ■ Investments

Expenses



■ Operations ■ Grants/Contribution ■ Property Depreciation

A special THANK YOU to our 2017 Make A Match supporters! It was our most successful year yet, raising \$61,345! We're looking forward to your continued support in November for our 2018 Campaign.



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CSF has designed our website to provide our readers with up-to-date regulatory, educational, and advocacy information. CSF will also be host to multiple events that will provide our communities with opportunities to learn, share, and contribute. Please make sure you add us to your favorite list and visit often at www.csfil.org.

Foundation Focus
is a publication of
Community Services Foundation,
a nonprofit corporation.
Its mission is to develop and create
opportunities for individuals with
disabilities that will support and
inspire independence.

CTF ILLINOIS Welcomes New Clinical Director

Community Services Foundation is proud to announce that Brandon Markel, Psy.D, MBA, A.C.T. has joined CTF ILLINOIS as the Clinical Director of ACCESS Behavioral Health in South Holland. In this position, Dr. Markel will oversee clinical treatment and student supervision, program evaluation and outcome measurement, and daily business operations for ACCESS. Dr. Markel is excited to join CTF ILLINOIS and to spearhead the expansion of our behavioral health services.

Dr. Markel comes to CTF ILLINOIS with an extensive clinical and research background in trauma-informed mental health care and has more than three years of experience in student supervision and evaluation. Dr. Markel is a licensed Clinical Psychologist with additional certifications in Traumatic Stress, Body Focused Repetitive Behaviors, and Cognitive Behavioral Therapy. He also holds an M.A. in Clinical Counseling Psychology from Chicago School of Psychology, a Psy.D. from Argosy University, and an MBA from Cardinal Stritch University. Dr. Markel's expertise and leadership will be a tremendous asset to CTF ILLINOIS and ACCESS Behavioral Health. Welcome, Dr. Markel!



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